

HNDID1:

Please SCAN HANDLS ID _____

HNDID2:

Please RE-SCAN HANDLS ID _____

Welcome to HANDLS, you will be asked a series of questions in this interview.

Press the "START" button when you are ready to begin.

Now we would like to ask you some questions about who lives in your household.

SF12Q01:

In general, would you say your health is:

- Excellent (5)
- Very good (4)
- Good (3)
- Fair (2)
- Poor (1)

The next two questions ask about activities that you might do during a typical day.

SF12Q02:

Does your health now limit you in moderate activities, such as moving a table, pushing a vacuum cleaner or playing golf?

- Yes, limited a lot (3)
- Yes, limited a little (2)
- No, not limited at all (1)

SF12Q03:

Does your health now limit you in climbing several flights of stairs?

- Yes, limited a lot (3)
- Yes, limited a little (2)
- No, not limited at all (1)

The next two questions ask about problems doing work or other regular daily activities as a result of your physical health.

SF12Q04:

During the past 4 weeks, how much of the time have you accomplished less than you would like as a result of your physical health?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

SF12Q05:

During the past 4 weeks, how much of the time were you limited in the kind of work you did or in other activities as a result of your physical health?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

The next two questions ask about how much time you had any problems with your work or other regular activities as a result of emotional problems (such as feeling depressed or anxious).

SF12Q06:

During the past 4 weeks, how much of the time have you accomplished less than you would like as a result of emotional problems?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

SF12Q07:

During the past 4 weeks, how much of the time did you do work or other activities less carefully than usual?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

SF12Q08:

During the past 4 weeks, how much did pain interfere with your normal work (include both work outside the home and housework)?

- Not at all (5)
- A little bit (4)
- Moderately (3)
- Quite a bit (2)
- Extremely (1)

The next three questions ask about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

SF12Q09:

How much of the time during the past 4 weeks have you felt calm and peaceful?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

SF12Q10:

How much of the time during the past 4 weeks did you have a lot of energy?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

SF12Q11:

How much of the time during the past 4 weeks have you felt downhearted and blue?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

SF12Q12:

During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc)?

- All of the time (5)
- Most of the time (4)
- Some of the time (3)
- A little of the time (2)
- None of the time (1)

Now we would like to ask you about any headaches that you may have experienced in the past year.

HEAD00:

Have you experienced any headaches in the past year?

- Yes (1)
- No (0)

If HEAD00 = "No" then go to FINSTRAIN01

HEAD01:

Over the past year, how often have you seen things like visual spots, stars, lines, flashing lights, zigzag lines, or “heat waves” around the time of your headaches?

- Never (1)
- Rarely (2)
- Less than half the time (3)
- Half the time or more (4)
- I don't know (8)

HEAD02:

Over the past year, how often have you had a feeling of numbness or tingling in any part of your body or face around the time of your headache?

- Never (1)
- Rarely (2)
- Less than half the time (3)
- Half the time or more (4)
- I don't know (8)

Now we would like to ask you some questions about how well you can afford to live.

FINSTRAIN01:

Are you able to afford a home suitable for you or your family?

- Yes (1)
- No (0)

FINSTRAIN02:

Are you able to afford furniture or household equipment that needs to be replaced?

- Yes (1)
- No (0)

FINSTRAIN03:

Are you able to afford the kind of car you need?

- Yes (1)
- No (0)

FINSTRAIN04:

Do you have enough money for the kind of food you or your family should have?

- Yes (1)
- No (0)

FINSTRAIN05:

Do you have enough money for the kind of medical care you or your family should have?

- Yes (1)
- No (0)

FINSTRAIN06:

Do you have enough money for the kind of clothing you or your family should have?

- Yes (1)
- No (0)

FINSTRAIN07:

Do you have a great deal, some, little, or no difficulty paying your bills?

- Great deal (1)
- Some (2)
- Little (3)
- None (4)

FINSTRAIN08:

At the end of the month do you end up with some money left over, just enough to make ends meet, or not enough money to make ends meet?

- Some left over (1)
- Just enough (2)
- Not enough (3)

FINSTRAIN09:

Would you say that your total family income is higher, lower, or about the same as most of your friends?

- Higher (3)
- Lower (1)
- Same (2)

FINSTRAIN10:

Would you say that your total family income is higher, lower, or about the same as people with the same education as you?

- Higher (3)
- Lower (1)
- Same (2)

FINSTRAIN11:

Would you say that your total family income is higher, lower, or about the same as most of your relatives?

- Higher (3)
- Lower (1)
- Same (2)

FINSTRAIN12:

Would you say that your total family income is higher, lower, or about the same as most of your neighbors?

- Higher (3)
- Lower (1)
- Same (2)

FINSTRAIN13:

How do you think that your standard of living a year or two from now will compare with the one that you now have?

- Higher (3)
- Lower (1)
- Same (2)

FINSTRAIN14:

Compared to four years ago, are you able to afford better, the same, or lower standard of living?

- Higher (3)
- Lower (1)
- Same (2)

FINSTRAIN15:

Thinking of you and your family, how much do you agree or disagree that financial success does not interest me or us?

- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

FINSTRAIN16:

Thinking of you and your family, how much do you agree or disagree that our money never seems to be enough for our wants?

- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

FINSTRAIN17:

Thinking of you and your family, how much do you agree or disagree that one of the most important things about a person or a family is the amount of money they have?

- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

FOODSECURITY:

In the past 12 months, did you ever eat less than you felt you should because there was not enough money to buy food?

- Yes, very often (1)
- Yes, occasionally or very few times (2)
- No (3)
- Don't know (4)

FINLIT01:

Suppose you had \$100 in a savings account and the interest rate was 2% per year. After 5 years, how much do you think you would have in the account if you left the money to grow?

- more than \$102 (1)
- exactly \$102 (2)
- less than \$102 (3)
- do not know (8)
- refuse to answer (9)

FINLIT02:

Imagine that the interest rate on your savings account was 1% per year and inflation was 2% per year. After 1 year, would you be able to buy?

- more than today with the money in this account (1)
- exactly the same as (2)
- less than today (3)
- do not know (8)
- refuse to answer (9)

FINLIT03:

Do you think the following statement is true or false? Buying a single company stock usually provides a safer return than a stock mutual fund.

- True (1)
- False (0)
- do not know (8)
- refuse to answer (9)

FINLIT04:

If 5 people all have the winning number in the lottery and the prize is 2 million dollars, how much will each of them get? _____

FINLIT05:

Say you have \$200 in a savings account. The account earns 10 percent interest per year. How much would you have in the account at the end of 10 years? _____

Now we want to ask you about your usual activities.

HOUSTON01:

In the previous month, I avoided walking or exerting myself by using elevators instead of stairs and driving instead of walking.

- Yes (1)
- No (0)

HOUSTON02:

In the previous month, I walked for pleasure, routinely used stairs, and occasionally exercised enough to cause heavy breathing or perspiration

- Yes (1)
- No (0)

HOUSTON03:

In the previous month, for 10 to 60 minutes per week I participated in recreation or work requiring modest physical activity, such as golf, horseback riding, calisthenics, gymnastics, table tennis, bowling, weight lifting, or yard work.

- Yes (1)
- No (0)

HOUSTON04:

In the previous month, for more than an hour per week I participated in recreation or work requiring modest physical activity, such as golf, horseback riding, calisthenics, gymnastics, table tennis, bowling, weight lifting, or yard work.

- Yes (1)
- No (0)

HOUSTON05:

In the previous month, I ran less than a mile each week or I spent less than 30 minutes doing comparable physical activity.

- Yes (1)
- No (0)

HOUSTON06:

In the previous month, I ran 5 to 10 miles each week or I spent 1-3 hours doing comparable physical activity.

- Yes (1)
- No (0)

HOUSTON07:

In the previous month, I ran 10 miles per week or I spent 1-3 hours doing comparable physical activity.

- Yes (1)
- No (0)

Now we want to ask you about your mortgage if you have one.

MORTGAGE:

Please select the answer that BEST applies to your CURRENT mortgage.

- I do not have a mortgage (1)
- I am NOT in default or foreclosure on my mortgage (2)
- I am in default on my mortgage (I am more than 30 days behind in payments, or I received a default notice). (3)
- I received a foreclosure notice (a letter from my lender with the foreclosure date). (4)

Now we want to ask you about drinking.

ETOH:

How many times in the past year have you had 5 or more drinks in a day?

- Never (0)
- Once (1)
- Twice (2)
- More than twice (3)

Now we would like to ask you some questions about the health of your teeth.

DDSany:

Do you still have some or all of your natural teeth?

- Yes (1)
- No (0)

If DDSany = "Did not have any natural teeth remaining" then go to HLTHSERV01

DDS01:

How would you rate the condition of your natural teeth?

- Excellent (5)
- Very good (4)
- Good (3)
- Fair (2)
- Poor (1)

DDS02:

Have you been to the dentist since your last HANDLS examination?

- Yes (1)
- No (0)

DDS03:

Do you have dental insurance now?

- Yes (1)
- No (0)

Now we would like to ask you some questions about using health care services.

HLTHSERV01:

Since your last HANDLS examination, have you put off or postponed seeking health care that you felt you needed?

- Yes (1)
- No, needed health care but did not put off or postpone (2)
- Did not need health care since last examination (3)

If HlthServ01 = "Did not need health care in since last examination" then go to HlthServIns01

HLTHSERV02:

Since your last HANDLS examination, have you been refused health care?

- Yes (1)
- No (0)

HLTHSERVINS01:

Do you have any health insurance now (including Medicare or Medicaid)?

- Yes (1)
- No (0)

If HlthServIns01 = YES then go to HlthServIns03

HLTHSERVINS02:

- What is the main reason you do not have health insurance now?
- Not employed (1)
- No coverage by employer (2)
- No family insurance (3)
- Rejected by insurance company (4)
- Insurance is too expensive (5)
- Do not need insurance (6)
- Lost eligibility (7)

HLTHSERVINS03:

Since your last HANDLS examination, was there any time when you did not have any health or medical insurance?

- Yes (1)
- No (0)

Now we would like to ask you some questions about mistreatment you may have experienced.

VIOLENCE01:

Since your last HANDLS examination, have you been hit, slapped, kicked or otherwise physically hurt by someone?

- Yes (1)
- No (0)

If Violence01 = No then go to Violence03

VIOLENCE02:

Who hit, slapped, kicked or otherwise physically hurt you? (Check all that apply.)

- Partner (1)
- Someone you know (2)
- Stranger (3)

VIOLENCE03:

Since your last HANDLS examination, has anyone forced you to have an unwanted sexual act?

- Yes (1)
- No (0)

If Violence03 = No then go to PTSD01

VIOLENCE04:

Who forced you to have unwanted sexual act(s)? (Check all that apply.)

- Partner (1)
- Someone you know (2)
- Stranger (3)

PTSD01:

In your life, have you ever had any experience that was so frightening, horrible, or upsetting that in the past month you have had nightmares about it or thought about it when you did not want to?

- Yes (1)
- No (0)

PTSD02:

In your life, have you ever had any experience that was so frightening, horrible, or upsetting that in the past month you tried hard not to think about it or went out of your way to avoid situations that reminded you of it?

- Yes (1)
- No (0)

PTSD03:

In your life, have you ever had any experience that was so frightening, horrible, or upsetting that in the past month you were constantly on guard, watchful, or easily startled?

- Yes (1)
- No (0)

PTSD04:

In your life, have you ever had any experience that was so frightening, horrible, or upsetting that in the past month you felt numb or detached from others, activities, or your surroundings?

- Yes (1)
- No (0)

ABUSE01:

When I was growing up people in my family hit me so hard that it left me with bruises or marks.

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

ABUSE02:

When I was growing up someone tried to touch me in a sexual way or tried to make me touch them.

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

Now we would like to ask you some questions about your education.

EDUCHS:

Do you have a high school diploma or did you pass a high school equivalency or GED test?

- Diploma (1)
- High school equivalency or GED (2)
- Neither (3)

If EducHS not equal to Neither then go to EducCollege1

EDUC8GRADE:

Did you attend school past the 8th grade?

- Yes (1)
- No (0)

GOTO Empsay

EDUCCOLLEGE1:

Did you attend college?

- Yes (1)
- No (0)

If EducCollege1 = No then go to Empsay

EDUCCOLLEGE2:

Did you get a bachelor`s level college degree?

- Yes (1)
- No (0)

Now we would like to ask you some questions about your spirituality, religion, and similar beliefs.

SPIRIT01:

How often do you read the Bible/Torah/Koran/Geeta?

- Never (1)
- About once a month (2)
- Several times a week (3)
- About once or twice a year (4)
- 2 or 3 times a month (5)
- Several times a year (6)
- Nearly every week (7)

SPIRIT02:

How often do you read religious literature other than the Bible/Torah/Koran/Geeta?

- Never (1)
- About once a month (2)
- Several times a week (3)
- About once or twice a year (4)
- 2 or 3 times a month (5)
- Several times a year (6)
- Nearly every week (7)

SPIRIT03:

How often do you pray?

- Never (1)
- About once a month (2)
- Several times a week (3)
- About once or twice a year (4)
- 2 or 3 times a month (5)
- Several times a year (6)
- Nearly every week (7)

SPIRIT04:

How frequently do you attend religious services?

- Never (1)
- Rarely (2)
- Occasionally (3)
- Often (4)
- Quite Often (5)

SPIRIT05:

I feel that God is punishing me.

- Strongly disagree (1)
- Disagree (2)
- Neutral (3)
- Agree (4)
- Strongly Agree (5)

SPIRIT06:

I feel abandoned by God.

- Strongly disagree (1)
- Disagree (2)
- Neutral (3)
- Agree (4)
- Strongly Agree (5)

SPIRIT07:

I feel isolated from others in my faith group.

- Strongly disagree (1)
- Disagree (2)
- Neutral (3)
- Agree (4)
- Strongly Agree (5)

SPIRIT08:

I find myself unable, or unwilling, to involve God in the decisions I make about my life.

- Strongly disagree (1)
- Disagree (2)
- Neutral (3)
- Agree (4)
- Strongly Agree (5)

Now we would like to ask you about your employment.

EMPLOY00:

Are you currently employed?

- Yes (1)
- No (0)

If Employee = No then go to Employ00b

EMPLOY00A:

For how many years have you been employed? _____

GOTO Employ09

EMPLOY00B:

For how many years have you been unemployed? _____

EMPLOY01:

During the past month did you spend any time at a job or business?

- Yes (1)
- No (0)

If Employ01 = No then go to Employ07

EMPLOY02:

Have you ever had a job that paid you money?

- Yes (1)
- No (0)

If Employ02 = No then go to Employ07

EMPLOY03:

For how long did you work at your last job?

- Less than 1 month (1)
- More than a month, less than a year (2)
- 1 year (3)
- More than a year, less than 3 years (4)
- 3 years or more (5)

EMPLOY04:

How many hours per week did you usually work at your last job?

- More than 40 hours (1)
- 40 hours (2)
- 35-39 hours (3)
- 30-34 hours (4)
- 21-29 hours (5)
- 20 hours (6)
- 11-19 hours (7)
- 10 or fewer hours (8)

EMPLOY05:

How long ago did you leave your last job?

- Less than 1 month (1)
- More than a month, less than a year (2)
- 1 year (3)
- More than a year, less than 3 years (4)
- 3 years or more (5)

EMPLOY06:

Why did you leave your last job?

- Retired (1)
- Laid off permanently (2)
- Laid off temporarily (3)
- Quit (4)
- Fired (5)
- Finished temporary job (6)

If Employ06 = Retired then go to PSQIINTRO

EMPLOY07:

What is the main reason you are not working now?

- Cannot find a job (1)
- Taking care of household (2)
- Disabled (3)
- Do not want to work (4)
- Do not need to work (5)
- Too discouraged to look for work (6)

EMPLOY08:

Are you looking for a job now?

- Yes (1)
- No (0)

GOTO PSQIINTRO

EMPLOY09:

Including full-time, part-time, evenings, and weekends, how many jobs or businesses do you have now?

- 1 (1)
- 2 (2)
- 3 (3)
- 4 or more (4)

EMPLOY10:

For how long have you worked at your primary job?

- Less than 1 month (1)
- More than a month, less than a year (2)
- 1 year (3)
- More than a year, less than 3 years (4)
- 3 years or more (5)

EMPLOY11:

How many hours per week did you usually work at all of your jobs?

- More than 50 hours (1)
- More than 40 but less than 50 hours (2)
- 40 hours (3)
- 36-39 hours (4)
- 35 hours (5)
- 21-34 hours (6)
- 20 hours (7)
- less than 20 hours (8)

EMPLOY12:

Are all of your jobs permanent or are the jobs temporary until the project is done?

- All permanent (1)
- Some permanent, some temporary (2)
- All temporary (3)

Now the following questions are about your usual sleep habits during the past month only. Your answers should indicate the best reply for most of the days in the past month.

PSQI01

During the past month, when have you usually gone to bed?

- Evening (5 to 8pm) (1)
- Night (8 to 11pm) (2)
- Late night (11 to 2am) (3)
- Early morning (2 to 5am) (4)
- Morning (5 to 7am) (5)
- Mid morning (7 to 9am) (6)
- Late morning (9am to 12 noon) (7)
- Afternoon (12 noon to 5pm) (8)

PSQI02

During the past month, how long (in minutes) has it taken you to fall asleep each night?

- Less than 15 minutes (0)
- 16 to 30 minutes (1)
- 31 to 60 minutes (2)
- 60 minutes or more (3)

PSQI03

During the past month, when have you usually gotten up from bed to start your day?

- Early morning (2 to 5am) (1)
- Morning (5 to 7am) (2)
- Mid morning (7 to 9am) (3)
- Late morning (9am to 12 noon) (4)
- Afternoon (12 noon to 5pm) (5)
- Evening (5 to 8pm) (6)
- Night (8 to 11pm) (7)
- Late night (11 to 2am) (8)

PSQI04

During the past month, how many hours of actual sleep did you get each night?

(Note that this may be different than the number of hours you spent in bed.)

- More than 7 hours (0)
- 6 to 7 hours (1)
- 5 to 6 hours (2)
- Less than 5 hours (3)

PSQI05a

During the past month, how often had you had trouble sleeping because you ...

Cannot get to sleep within 30 minutes?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05b

During the past month, how often had you had trouble sleeping because you ...

Wake up in the middle of the night, early morning, or other time when you should be sleeping?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05c

During the past month, how often had you had trouble sleeping because you ...
Have to get up to use the bathroom?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05d

During the past month, how often had you had trouble sleeping because you ...
Cannot breathe comfortably?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05e

During the past month, how often had you had trouble sleeping because you ...
Cough or snore loudly?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05f

During the past month, how often had you had trouble sleeping because you ...
Feel too cold?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05g

During the past month, how often had you had trouble sleeping because you ...
Feel too hot?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05h

During the past month, how often had you had trouble sleeping because you ...
Have bad dreams?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05i

During the past month, how often had you had trouble sleeping because you ...

Have pain?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI05jother

During the past month, have you had any other reasons for having trouble sleeping?

- No (0)
- Yes (1)

If PSQI05jdescript=0 then GOTO PSQI06

PSQI05jdescript

Please describe or list the other reasons for having trouble sleeping: _____

PSQI05j

During the past month, how often had you had trouble sleeping because of your other reasons:

[REASONS DESCRIBED]?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI06

During the past month, how often have you taken medicine (prescribed or “over-the-counter”) to help you sleep?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI07

During the past month, how often have you had trouble staying awake while driving, eating meals, or engaging in social activity?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI08

During the past month, how much of a problem has it been for you to keep up enthusiasm to get things done?

- Not during the past month (0)
- Less than once a week (1)
- Once or twice a week (2)
- Three or more times a week (3)

PSQI09

During the past month, how would you rate your sleep quality overall?

- Very good (0)
- Fairly good (1)
- Fairly bad (2)
- Very bad (3)

LIVEALONE:

Do you live alone?

- Yes (1)
- No (0)

CHILDREN:

How many children do you have? _____

If LiveAlone = Yes then go to CareGive00

HSEHLD02A:

Does your spouse or significant other live with you?

- No (1)
- All the time (2)
- Sometimes (3)

If Children = 0 then go to HseHld02c

HSEHLD02B:

Do your children live with you?

- No (1)
- All the time (2)
- Sometimes (3)

HSEHLD02C:

Do children from other parents live with you?

- No (1)
- All the time (2)
- Sometimes (3)

HSEHLD02D:

Do your parents or in-laws live with you?

- No (1)
- All the time (2)
- Sometimes (3)

HSEHLD02E:

Do your grandparent(s) or your spouse's grandparent(s) live with you?

- No (1)
- All the time (2)
- Sometimes (3)

HSEHLD02F:

Do any other relatives live with you?

- No (1)
- All the time (2)
- Sometimes (3)

HSEHLD02G:

Do any of your friends live with you?

- No (1)
- All the time (2)
- Sometimes (3)

If Children = 0 AND LiveAlone = 1 then go to HseHld05

If Children = 0 then go to HseHld03a

CAREGIVE01:

Do you have any grandchildren?

- Yes (1)
- No (0)

If CareGive01 = No then go to HseHld03a

CAREGIVE02:

Do any of your grandchildren live with you?

- Yes (1)
- No (0)

CAREGIVE03:

How often do you spend time caring for your grandchildren?

- Almost every day (1)
- Once or twice a week (2)
- Once or twice a month (3)
- Once or twice a year (4)
- Never (5)

If CareGive03 not "almost every day" or "once or twice a week" then go to CareGive05

CAREGIVE04:

For how many grandchildren do you provide care? _____

CAREGIVE05:

Excluding your biological children and grandchildren, how many other persons are you caring for without pay? _____

If CareGive05 = 0 then go to HseHld03a

CAREGIVE06:

How often do you care for people other than your children and grandchildren without pay?

- Almost every day (1)
- Once or twice a week (2)
- Once or twice a month (3)
- Once or twice a year (4)
- Never (5)

If LiveAlone = Yes then go to HseHld05

HSEHLD03A:

Including yourself, how many people live in your house now? _____

If HseHld03a = 1 then go to HseHld04

HSEHLD03B:

How many people living with you are male? _____

HSEHLD03C:

How many people living with you are children 18 years old or younger? _____

HSEHLD04:

Including yourself, how many adults contribute income to the household? _____

HSEHLD05:

Which of these best describes your current relationship status?

- Single (1)
- Married (2)
- Partnered (3)
- Divorced (4)
- Separated (5)
- Widowed (6)
- Never married (7)

HSEHLD06:

- Do you...?
- Own your home (1)
- Rent your home (2)
- Live in a home owned or rented by someone else (3)

HSEHLD07:

For how long have you lived in your current home?

- Less than a month (1)
- 1-11 months (2)
- 1 year (3)
- More than 1 year (4)

Moved:

Have you moved since the last interview?

- Yes (1)
- No (0)

IF Moved = 0 GOTO HomeDiff

MovedReason:

What was the main reason you moved?

- 'I lost my home to foreclosure.' (1)
- 'I had difficulties making rent or mortgage payments.' (2)
- 'Personal choice' (3)
- 'For other reasons (for example, a change in jobs, the landlord sold the unit/house, etc.).' (4)

GOTO Difficulty

HomeDiff:

Have you had difficulties making rent or mortgage payments?

- Yes (1)
- No (0)

Difficulty:

The next questions ask about difficulties you might have doing every day activities. A health problem is any illness or physical, mental, or emotional difficulty not including pregnancy.

ADL:

Do you have any health problems that require you to use special equipment such as a cane, wheelchair, or a special bed or telephone?

- Yes (1)
- No (0)

PF01:

Because of health or physical problems, do you have any difficulty walking a quarter of mile (about 2 or 3 blocks) without stopping?

- Yes (1)
- No (0)

If PF01 = No then go to PF01b

PF01A:

How much difficulty do you have walking a quarter of a mile?

- A little (1)
- Some (2)
- A lot (3)
- Unable to do (4)

If PF01a=Unable to do then GOTO PF02, otherwise GOTO PF01c

PF01B:

- How easy is it for you to walk a quarter of a mile?
- Very easy (1)
- Somewhat easy (2)
- Not so easy (3)

PF01C:

Because of a health or physical problem, do you have any difficulty walking one mile?

- Yes (1)
- No (0)

If PF01c = Yes then go to PF02

PF01D:

How easy is it for you to walk one mile?

- Very easy (1)
- Somewhat easy (2)
- Not so easy (3)

PF02:

Because of health or physical problems, do you have any difficulty walking up 10 steps without resting (about 1 flight of stairs)?

- Yes (1)
- No (0)

If PF02 = No then go to PF02b

PF02A:

How much difficulty do you have walking up 10 steps?

- A little (1)
- Some (2)
- A lot (3)
- Unable to do (4)

GOTO PF03

PF02B:

How easy is it for you to walk up 10 steps?

- Very easy (1)
- Somewhat easy (2)
- Not so easy (3)

PF02C:

Because of a health or physical problem, do you have any difficulty walking up 20 steps without resting (about 2 flights of stairs)?

- Yes (1)
- No (0)

If PF02c = Yes then go to PF03

PF02D:

How easy is it for you to walk up 20 steps?

- Very easy (1)
- Somewhat easy (2)
- Not so easy (3)

PF03:

Because of a health or physical problem, do you have difficulty lifting or carrying something weighing 10 pounds such as a small bag of groceries or an infant?

- Yes (1)
- No (0)

If PF03 = No then go to PF03b

PF03A:

How much difficulty do you have lifting or carrying 10 pounds?

- A little (1)
- Some (2)
- A lot (3)
- Unable to do (4)

GOTO PhysActIntro

PF03B:

How easy is it for you to lift or carry something weighing 10 pounds?

- Very easy (1)
- Somewhat easy (2)
- Not so easy (3)

PF03C:

Because of a health or physical problem, do you have any difficulty lifting or carrying something weighing 20 pounds such as a large, full bag of groceries?

- Yes (1)
- No (0)

If PF03c = Yes then go to PhysActIntro

PF03D:

How easy is it for you to lift or carry something weighing 20 pounds?

- Very easy (1)
- Somewhat easy (2)
- Not so easy (3)

The next questions ask about the types of activities you did in a typical week in the past month.

For each activity that you typically did, tell us how many days you did and for how long you did it each day.

PHYSACT01:

In a typical week in the past month, did you do light household chores such as cooking, washing dishes, ironing, straightening up, laundry, and shopping?

- Yes (1)
- No (0)

If PhysAct01 = No then go to PhysAct02

PHYSACT01A:

In a typical week in the past month, on how many days did you do light household chores such as cooking, washing dishes, ironing, straightening up, laundry, and shopping?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT01B:

In a typical week in the past month, for how many hours did you do light household chores such as cooking, washing dishes, ironing, straightening up, laundry, and shopping?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct01b=5+ hours GOTO PhysAct02

PHYSACT01C:

In a typical week in the past month, for how many minutes did you do light household chores such as cooking, washing dishes, ironing, straightening up, laundry, and shopping?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct01b=0 AND PhysAct01c=0 GOTO PhysAct01b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT02:

In a typical week in the past month, did you do moderate household chores such as heavy cleaning, scrubbing, mopping, home repairs, washing car, and vacuuming?

- Yes (1)
- No (0)

If PhysAct02 = No then go to PhysAct03

PHYSACT02A:

In a typical week in the past month, on how many days did you do moderate household chores such as heavy cleaning, scrubbing, mopping, home repairs, washing car, and vacuuming?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT02B:

In a typical week in the past month, for how many hours did you do moderate household chores such as heavy cleaning, scrubbing, mopping, home repairs, washing car, and vacuuming?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct02b=5+ hours GOTO PhysAct03

PHYSACT02C:

In a typical week in the past month, for how many minutes did you do moderate household chores such as heavy cleaning, scrubbing, mopping, home repairs, washing car, and vacuuming?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct02b=0 AND PhysAct02c=0 GOTO PhysAct02b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT03:

In a typical week in the past month, did you do moderate yard or garden work such as weeding, mowing grass, raking, cleaning garage, or sweeping?

- Yes (1)
- No (0)

If PhysAct03 = No then go to PhysAct04

PHYSACT03A:

In a typical week in the past month, on how many days did you do moderate yard or garden work such as weeding, mowing grass, raking, cleaning garage, or sweeping?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT03B:

In a typical week in the past month, for how many hours did you do moderate yard or garden work such as weeding, mowing grass, raking, cleaning garage, or sweeping?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct03b=5+ hours GOTO PhysAct04

PHYSACT03C:

In a typical week in the past month, for how many minutes did you do moderate yard or garden work such as weeding, mowing grass, raking, cleaning garage, or sweeping?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct03b=0 AND PhysAct03c=0 GOTO PhysAct03b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT04:

In a typical week in the past month, did you do heavy yard or garden work such as digging dirt, shoveling snow, mending fences, or chopping wood?

- Yes (1)
- No (0)

If PhysAct04 = No then go to PhysAct05

PHYSACT04A:

In a typical week in the past month, on how many days did you do heavy yard or garden work such as digging dirt, shoveling snow, mending fences, or chopping wood?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT04B:

In a typical week in the past month, for how many hours did you do heavy yard or garden work such as digging dirt, shoveling snow, mending fences, or chopping wood?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct04b=5+ hours GOTO PhysAct05

PHYSACT04C:

In a typical week in the past month, for how many minutes did you do heavy yard or garden work such as digging dirt, shoveling snow, mending fences, or chopping wood?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct04b=0 AND PhysAct04c=0 GOTO PhysAct04b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT05:

In a typical week in the past month, did you take care of children or adults such as bathing them, feeding them, changing diapers, and playing?

- Yes (1)
- No (0)

If PhysAct05 = No then go to PhysAct06

PHYSACT05A:

In a typical week in the past month, on how many days did you take care of children or adults such as bathing them, feeding them, changing diapers, and playing?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT05B:

In a typical week in the past month, for how many hours did you take care of children or adults such as bathing them, feeding them, changing diapers, and playing?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct05b=5+ hours GOTO PhysAct06

PHYSACT05C:

In a typical week in the past month, for how many minutes did you take care of children or adults such as bathing them, feeding them, changing diapers, and playing?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct05b=0 AND PhysAct05c=0 GOTO PhysAct05b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT06:

In a typical week in the past month, did you take care of children or adults such as lifting and carrying them or pushing a stroller or a wheelchair?

- Yes (1)
- No (0)

If PhysAct06 = No then go to PhysAct07

PHYSACT06A:

In a typical week in the past month, on how many days did you take care of children or adults such as lifting and carrying them or pushing a stroller or a wheelchair?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT06B:

In a typical week in the past month, for how many hours did you take care of children or adults such as lifting and carrying them or pushing a stroller or a wheelchair?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

If PhysAct06b=5+ hours GOTO PhysAct07

PHYSACT06C:

In a typical week in the past month, for how many minutes did you take care of children or adults such as lifting and carrying them or pushing a stroller or a wheelchair?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

If PhysAct06b=0 AND PhysAct06c=0 GOTO PhysAct06b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT07:

In a typical week in the past month, did you drive or ride in a car, ride the bus or subway anytime including going to or returning from work?

- Yes (1)
- No (0)

If PhysAct07 = No then go to PhysAct08

PHYSACT07A:

In a typical week in the past month, on how many days did you drive or ride in a car, ride the bus or subway anytime including going to or returning from work?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT07B:

In a typical week in the past month, for how many hours did you drive or ride in a car, ride the bus or subway anytime including going to or returning from work?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct07b=5+ hours GOTO PhysAct08

PHYSACT07C:

In a typical week in the past month, for how many minutes did you drive or ride in a car, ride the bus or subway anytime including going to or returning from work?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct07b=0 AND PhysAct07c=0 GOTO PhysAct07b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT08:

In a typical week in the past month, did you walk to get to places such as a bus, car, work, or into a store?

- Yes (1)
- No (0)

If PhysAct08 = No then go to PhysAct09

PHYSACT08A:

In a typical week in the past month, on how many days did you walk to get to places such as a bus, car, work, or into a store?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT08B:

In a typical week in the past month, for how many hours did you walk to get to places such as a bus, car, work, or into a store?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct08b=5+ hours GOTO PhysAct09

PHYSACT08C:

In a typical week in the past month, for how many minutes did you walk to get to places such as a bus, car, work, or into a store?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct08b=0 AND PhysAct08c=0 GOTO PhysAct08b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT09:

In a typical week in the past month, did you walk for exercise, pleasure, social reasons, during work breaks, or walk with your dog?

- Yes (1)
- No (0)

If PhysAct09 = No then go to PhysAct10

PHYSACT09A:

In a typical week in the past month, on how many days did you walk for exercise, pleasure, social reasons, during work breaks, or walk with your dog?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT09B:

In a typical week in the past month, for how many hours did you walk for exercise, pleasure, social reasons, during work breaks, or walk with your dog?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct09b=5+ hours GOTO PhysAct10

PHYSACT09C:

In a typical week in the past month, for how many minutes did you walk for exercise, pleasure, social reasons, during work breaks, or walk with your dog?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct09b=0 AND PhysAct09c=0 GOTO PhysAct09b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT10:

In a typical week in the past month, did you dance in church ceremonies or for pleasure?

- Yes (1)
- No (0)

If PhysAct10 = No then go to PhysAct11

PHYSACT10A:

In a typical week in the past month, on how many days did you dance in church ceremonies or for pleasure?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT10B:

In a typical week in the past month, for how many hours did you dance in church ceremonies or for pleasure?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct10b=5+ hours GOTO PhysAct11

PHYSACT10C:

In a typical week in the past month, for how many minutes did you dance in church ceremonies or for pleasure?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct10b=0 AND PhysAct10c=0 GOTO PhysAct10b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT11:

In a typical week in the past month, did you play in team sports such as softball, volleyball, basketball, or soccer?

- Yes (1)
- No (0)

If PhysAct11 = No then go to PhysAct12

PHYSACT11A:

In a typical week in the past month, on how many days did you play in team sports such as softball, volleyball, basketball, or soccer?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT11B:

In a typical week in the past month, for how many hours did you play in team sports such as softball, volleyball, basketball, or soccer?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct11b=5+ hours GOTO PhysAct12

PHYSACT11C:

In a typical week in the past month, for how many minutes did you play in team sports such as softball, volleyball, basketball, or soccer?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct11b=0 AND PhysAct11c=0 GOTO PhysAct11b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT12:

In a typical week in the past month, did you play against someone such as tennis, racquetball, or paddleball?

- Yes (1)
- No (0)

If PhysAct12 = No then go to PhysAct13

PHYSACT12A:

In a typical week in the past month, on how many days did you play against someone such as tennis, racquetball, or paddleball?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT12B:

In a typical week in the past month, for how many hours did you play against someone such as tennis, racquetball, or paddleball?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct12b=5+ hours GOTO PhysAct13

PHYSACT12C:

In a typical week in the past month, for how many minutes did you play against someone such as tennis, racquetball, or paddleball?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct12b=0 AND PhysAct12c=0 GOTO PhysAct12b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT13:

In a typical week in the past month, did you do an individual activity such as golf, bowling, yoga, or Tai Chi?

- Yes (1)
- No (0)

If PhysAct13 = No then go to PhysAct14

PHYSACT13A:

In a typical week in the past month, on how many days did you do an individual activity such as golf, bowling, yoga, or Tai Chi?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT13B:

In a typical week in the past month, for how many hours did you do an individual activity such as golf, bowling, yoga, or Tai Chi?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct13b=5+ hours GOTO PhysAct14

PHYSACT13C:

In a typical week in the past month, for how many minutes did you do an individual activity such as golf, bowling, yoga, or Tai Chi?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct13b=0 AND PhysAct13c=0 GOTO PhysAct13b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT14:

In a typical week in the past month, did you do low impact aerobics, slow bicycling, rowing, leisure swimming, or moderate weight lifting?

- Yes (1)
- No (0)

If PhysAct14 = No then go to PhysAct15

PHYSACT14A:

In a typical week in the past month, on how many days did you do low impact aerobics, slow bicycling, rowing, leisure swimming, or moderate weight lifting?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT14B:

In a typical week in the past month, for how many hours did you do low impact aerobics, slow bicycling, rowing, leisure swimming, or moderate weight lifting?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct14b=5+ hours GOTO PhysAct15

PHYSACT14C:

In a typical week in the past month, for how many minutes did you do low impact aerobics, slow bicycling, rowing, leisure swimming, or moderate weight lifting?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct14b=0 AND PhysAct14c=0 GOTO PhysAct14b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT15:

In a typical week in the past month, did you do high impact aerobics, fast bicycling, running, jogging, fast swimming, vigorous weight lifting, judo, kickboxing, or karate?

- Yes (1)
- No (0)

If PhysAct15 = No then go to PhysAct16

PHYSACT15A:

In a typical week in the past month, on how many days did you do high impact aerobics, fast bicycling, running, jogging, fast swimming, vigorous weight lifting, judo, kickboxing, or karate?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT15B:

In a typical week in the past month, for how many hours did you do high impact aerobics, fast bicycling, running, jogging, fast swimming, vigorous weight lifting, judo, kickboxing, or karate?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct15b=5+ hours GOTO PhysAct16

PHYSACT15C:

In a typical week in the past month, for how many minutes did you do high impact aerobics, fast bicycling, running, jogging, fast swimming, vigorous weight lifting, judo, kickboxing, or karate?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct15b=0 AND PhysAct15c=0 GOTO PhysAct15b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT16:

In a typical week in the past month, did you watch TV while sitting or reclining?

- Yes (1)
- No (0)

If PhysAct16 = No then go to PhysAct17

PHYSACT16A:

In a typical week in the past month, on how many days did you watch TV while sitting or reclining?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT16B:

In a typical week in the past month, for how many hours did you watch TV while sitting or reclining?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct16b=5+ hours GOTO PhysAct17

PHYSACT16C:

In a typical week in the past month, for how many minutes did you watch TV while sitting or reclining?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct16b=0 AND PhysAct16c=0 GOTO PhysAct16b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT17:

In a typical week in the past month, did you read, knit, sew, visit, do nothing?

- Yes (1)
- No (0)

If PhysAct17 = No then go to PhysAct18

PHYSACT17A:

In a typical week in the past month, on how many days did you read, knit, sew, visit, do nothing?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT17B:

In a typical week in the past month, for how many hours did you read, knit, sew, visit, do nothing?

- 0 hours (0)
- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

IF PhysAct17b=5+ hours GOTO PhysAct18

PHYSACT17C:

In a typical week in the past month, for how many minutes did you read, knit, sew, visit, do nothing?

- 0 minutes (0)
- 5 minutes (1)
- 10 minutes (2)
- 15 minutes (3)
- 30 minutes (4)
- 45 minutes (5)

IF PhysAct17b=0 AND PhysAct17c=0 GOTO PhysAct17b (Cannot have Hours=0 and Minutes=0 when Days>0)

PHYSACT18:

Do you work to earn money?

- Yes (1)
- No (0)

If PhysAct18 = No then go to PhysAct24

PHYSACT19A:

How many days per week do you work in all of your jobs?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT19B:

How many hours per day do you work in all of your jobs?

Enter 0 to 24 hours, using 0 if answer is "less than 1 hour". _____

PHYSACT20A:

At work, did you do light work while sitting such as office work, laboratory work, or child care?

- Yes (1)
- No (0)

If PhysAct20a = No then go to PhysAct21a

PHYSACT20B:

How many hours per day did you do light work while sitting such as office work, laboratory work, or child care?

Enter 0 to 24 hours, using 0 if answer is "less than 1 hour". _____

PHYSACT21A:

At work, did you do light work while standing such as filing paperwork, copying papers, assembling products, nursing, or farming?

- Yes (1)
- No (0)

If PhysAct21a = No then go to PhysAct22a

PHYSACT21B:

How many hours per day did you do light work while standing such as filing paperwork, copying papers, assembling products, nursing, or farming?

Enter 0 to 24 hours, using 0 if answer is "less than 1 hour". _____

PHYSACT22A:

At work, did you do moderate work while standing or walking such as nursing, custodial work, or housekeeping work, lifting or pushing thing, or sustained walking such as making deliveries?

- Yes (1)
- No (0)

If PhysAct22a = No then go to PhysAct23a

PHYSACT22B:

How many hours per day did you do moderate work while standing or walking such as nursing, custodial work, or housekeeping work, lifting or pushing thing, or sustained walking such as making deliveries?

Enter 0 to 24 hours, using 0 if answer is "less than 1 hour". _____

PHYSACT23A:

At work, did you do heavy work such as manual labor, ranch or farm work, or loading and unloading trucks?

- Yes (1)
- No (0)

If PhysAct23a = No then go to PhysAct24

PHYSACT23B:

How many hours per day did you do heavy work such as manual labor, ranch or farm work, or loading and unloading trucks?

Enter 0 to 24 hours, using 0 if answer is "less than 1 hour". _____

PHYSACT24:

Did you work as a volunteer or at church in activities you have not yet mentioned?

- Yes (1)
- No (0)

If PhysAct24 = No then go to PhysAct28

PHYSACT25:

Did your volunteer work include light work while you were sitting or standing?

- Yes (1)
- No (0)

If PhysAct25 = No then go to PhysAct26

PHYSACT25A:

How many days per week did you do light volunteer work while you were sitting or standing?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT25B:

For how many hours per week did you do light volunteer work while you were sitting or standing?

- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

PHYSACT26:

Did your volunteer work include moderate work while you were standing or walking?

- Yes (1)
- No (0)

If PhysAct26 = No then go to PhysAct27

PHYSACT26A:

How many days per week did you do moderate volunteer work while you were standing or walking?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT26B:

For how many hours per week did you do moderate volunteer work while you were standing or walking?

- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

PHYSACT27:

Did your volunteer work include heavy work such as pushing, lifting, carrying, or climbing?

- Yes (1)
- No (0)

If PhysAct27 = No then go to PhysAct28

PHYSACT27A:

How many days per week did you do heavy volunteer work such as pushing, lifting, carrying, or climbing?

- 1 day (1)
- 2 days (2)
- 3 days (3)
- 4 days (4)
- 5 days (5)
- 6 days (6)
- 7 days (7)

PHYSACT27B:

For how many hours per week did you do moderate volunteer work such as pushing, lifting, carrying, or climbing?

- 1 hour (1)
- 2 hours (2)
- 3 hours (3)
- 4 hours (4)
- 5 hours (5)
- 5+ hours (6)

PHYSACT28:

What is your usual pace when you walk outside of your home?

- I do not walk (0)
- Casual strolling (up to 2 MPH) (1)
- Average or normal (2-3 MPH) (2)
- Fairly briskly (4-5 MPH) (3)
- Brisk or striding (>5 MPH) (4)

Now we would like to ask you some questions about your education.

EDUC06A:

What was the name of the elementary school you attended when you were 6 years old?

EDUC06B:

What was the street address of the elementary school you attended when you were 6 years old?

EDUC06C:

What was the city, state, and zip code of the elementary school you attended when you were 6 years old?

EDUC16:

Did you attend high school when you were 16 years old?

- Yes (1)
 No (0)

If Educ16 = No then go to Educ16d

EDUC16A:

What was the name of the high school you attended when you were 16 years old?

EDUC16B:

What was the street address of the high school you attended when you were 16 years old?

EDUC16C:

What was the city, state, and zip code of the high school you attended when you were 16 years old?

Go to Neigh

EDUC16D:

How old were you when you last attended school? _____

EDUC16E:

What grade were you in when you last attended school? _____

EDUC16F:

What was the name of the last school you attended? _____

EDUC16G:

What was the street address of the last school you attended? _____

EDUC16H:

What was the city, state, and zip code of the last school you attended? _____

NEIGH: Even though you may be satisfied with your neighborhood as a place to live, there may be some unwanted activities that concern you. The next questions are about problems that some neighborhoods experience

NEIGH01:

How often do you see graffiti on buildings and walls in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH02:

How often do you see litter on the sidewalks and streets in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH03:

How often do you see drug dealers, drug users or drunks hanging around in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH04:

How often do you see unemployed adults loitering in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH05:

How often do you see gang activity in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH06:

How often do you see disorderly or misbehaving groups of teens or children in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH07:

How often do you see prostitution in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH08:

How often do you see vacant, abandoned, or boarded up buildings in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH09:

How often do you see broken windows in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH10:

How rare is serious crime such as assault, mugging, or robbery in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

NEIGH11:

How often do you see houses or yards not kept up in your neighborhood?

- Never (1)
- Rarely (2)
- Sometimes (3)
- Often (4)
- Very often (5)

SOCCOH01:

- People in my neighborhood are willing to help their neighbors?
- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

SOCCOH02:

I live in a close-knit neighborhood.

- People in my neighborhood are willing to help their neighbors?
- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

SOCCOH03:

People in my neighborhood can be trusted.

- People in my neighborhood are willing to help their neighbors?
- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

SOCCOH04:

People in my neighborhood generally do not get along with each other.

- People in my neighborhood are willing to help their neighbors?
- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

SOCCOH05:

People in my neighborhood do not share the same values.

- People in my neighborhood are willing to help their neighbors?
- Disagree strongly (1)
- Disagree somewhat (2)
- Neither agree nor disagree (3)
- Agree somewhat (4)
- Agree strongly (5)

SOCCON01:

If children were spray-painting graffiti on a local building, how likely would you say that your neighbors would take action?

- Very likely (1)
- Likely (2)
- Neither likely nor unlikely (3)
- Unlikely (4)
- Very unlikely (5)

SOCCON02:

If children were showing disrespect to an adult, how likely would you say that your neighbors would take action?

- Very likely (1)
- Likely (2)
- Neither likely nor unlikely (3)
- Unlikely (4)
- Very unlikely (5)

SOCCON03:

If a fight broke out in front of your house, how likely would you say that your neighbors would take action?

- Very likely (1)
- Likely (2)
- Neither likely nor unlikely (3)
- Unlikely (4)
- Very unlikely (5)

NEIGHTRAV01:

How much difficulty do you have getting to places in your neighborhood?

- No difficulty (1)
- Little difficulty (2)
- Lots of difficulty (3)
- Unable to go where I want to go (4)

NEIGHTRAV02:

What is your main way of getting around outside your neighborhood?

- Walking (1)
- Driving car (2)
- Riding in car (3)
- Public transportation (4)
- Taxi or shuttle (5)

Thank you for completing this questionnaire.