Healthy Aging in Neighborhoods of Diversity across the Life Span

HANDLS REFERRAL GUIDE

For Primary Care, Mental Health and Social Services
A Directory of Health Resources Serving Greater Baltimore Area

Updated Summer 2018 AU, MSN & JN

Introduction

The purpose of this referral guide is to offer a list of health care providers and health care facilities that provide the outpatient medical services you may need for medical follow-up care outside of your participation in the HANDLS study. It describes non-profit and governmental resources available to provide services to individuals with health insurance, medical assistance, lower income, and/or uninsured residents of the Baltimore area. The guide is not intended to list all available programs, but rather *major* programs that provide primary health care, pharmacy assistance, hotlines, HIV screening, literacy/GED programs, mental health and substance abuse treatment programs. Some of the programs listed will accept Medicare, medical assistance and/or private insurance.

Whether you have insurance or not, if you would like assistance locating health care resources please call the HANDLS Social Worker, Jennifer Norbeck, LCSW/C at 410-558-8622. She will assist you in locating necessary resources.

**** The National Institutes of Health/National Institute on Aging and Healthy Aging in Neighborhoods of Diversity across the Life Span Study does recommend any particular facility, physician and or services listed here.**

Table of Contents:

Page 3	Getting Health Insurance Benefits Maryland Health Connection
Page 6	Pharmacy Assistance in Maryland
Page 9	Primary Care Clinics & Practices
Page 16	Free STD screening in Baltimore
Pages 17 & 18	Dental & Vision Services
Page 19	Mental Health Services
Page 27	Suicide Prevention & Substance Abuse Services
Page 28	Alcoholics Anonymous
Page 32	Al Anon
Page 35	Narcotics Anonymous
Page 36	Domestic Abuse
Page 38	Literacy
Page 40	Food Banks and Soup Kitchens
Page 42	Financial Assistance and Education
Page 43	Prescription Drug Takeback Programs
Page 44	Needle Exchange Programs
Page 45	Methadone Maintenance Programs
Page 46	Licensed Medical Marijuana Dispensaries
Page 48	Community Acupuncture Clinics

Getting Health Insurance Benefits

What is Maryland Health Connection?

Maryland Health Connection is for all Marylanders who need health insurance. It is Maryland's official health insurance marketplace where you can shop, compare and enroll in quality health and dental insurance that fits your needs and your budget.

What makes coverage through Maryland Health Connection more affordable?

Maryland Health Connection is the only place you can get financial help to lower the cost of health insurance. Nine in 10 Marylanders who enrolled last year qualified for financial help. Depending on your income and family size, you may qualify for tax credits that lower your monthly premium and for lower out-of-pocket costs like deductibles and copays. Or, you may qualify for free or low-cost coverage through Medicaid or Maryland Children's Health Program. Check out the chart below to see what you might qualify for. If you're pregnant or you have children, you may still qualify even if your income is higher.

If your household size is this:	You may be eligible for Medicaid if your annual income is up to approximately:		You may be eligible for reduced premiums and/or lower insurance costs if your annual income is up to approximately:
			For Plans in 2018
1	$16,753		$48,240
2	$22,715		$64,960
3	$28,676		$81,680
4	$34,838		$98,400
5	$40,600		$115,120
6	$45,561		$131,840

Effective March 2018

Am I required to have health insurance?

By law, most adults must have health insurance or pay a fine when they file their taxes.

If you have coverage through your employer, Medicaid or Medicare, you meet the insurance requirement. Some people are exempt and don't have to pay a penalty for not having coverage, such as those who cannot afford coverage or have a religious objection.

Learn more at www.MarylandHealthConnection.gov/exemptions/

** The above information is posted on the Maryland Health Connection website here: https://www.marylandhealthconnection.gov/assets/downloads/Quality_Coverage_that_Fits_Your_Budget.pdf **

What has changed in 2018?

The Maryland Health Connection website is a place you can check for updates on any changes that may impact you if you currently have (or are looking for) health insurance through Maryland Health Connection: https://www.marylandhealthconnection.gov/get-answers/what-has-changed-in-2018/

For now, here's what you need to know:

- The recent reduction in federal funding for the federal navigator program does not pertain to Maryland. Maryland Health Connection is a state-based marketplace. Therefore, the funding that supports our navigator program has been maintained for navigators, who provide help for enrollment into free and low-cost health coverage and private health plans. For more information about how to find a navigator or for assistance with your application see below under the heading "How to enroll for coverage in 2019".

- **Open enrollment for 2018 health and dental plans ended Dec. 22, 2017.** Nine out of 10 people who enrolled qualified for lower costs.

- ***Open enrollment for 2019 health and dental plans begins Nov. 1, 2018 and ends Dec. 15, 2018.***

- Even if you're already enrolled, it's more important to go back each year to browse plan prices to make sure you're getting the best deal for you and your family.

- Most Marylanders receiving financial help will not see an increase in their monthly costs, even if their plan's premium went up this year. In fact, some people who previously would not have qualified for financial help will now qualify for a tax credit to help lower their costs.

- It is important for Marylanders to understand that the Affordable Care Act (ACA) is still the law of the land, and you may still pay a penalty for not having health insurance through Dec. 31, 2018.

- If you signed up for health insurance for 2018, your coverage is protected through the end of this year. Make sure you stay covered throughout the year by continuing to pay your premium on time.

- Stay updated: sign up for alerts from **MarylandHealthConnection.gov/blog**, and follow them on Twitter **@MarylandConnect**.

- Maryland Health Connection continues to help eligible people enroll year-round – including those who have recently experienced certain life events like losing their job, getting married or divorced, or having a baby.

- If you are eligible for Medicaid or Maryland Children's Health Insurance Program (MCHP), you can enroll any time.

How to enroll for health insurance coverage for 2019

Maryland Health Connection is designed to help you find health insurance that meets your needs and fits your budget. You may be eligible for financial help that can lower your monthly premium for free or low-cost coverage through Medicaid. To find out you will need to apply through Maryland Health Connection. You must apply during the open enrollment period for 2019. **Open enrollment for 2019 health and dental plans begins Nov. 1, 2018 and ends Dec. 15, 2018.**

To apply:

(1) Visit **MarylandHealthConnection.gov** or

(2) Download the mobile app for your smart phone:
https://www.marylandhealthconnection.gov/enrollmhc/ or

(3) Get free in-person help from experts throughout Maryland

For help filling out your application, general questions or to get connected with free in-person help, visit www.MarylandHealthConnection.gov/help or call their toll-free phone number at

1-855-642-8572 or TTY: 1-855-642-8573

You can also call the HANDLS Social Worker, Jennifer Norbeck at 410-558-8622. She will assist you with locating free in-person help.

What documents will I need to apply:

Use the checklist below to get ready to apply:

☐ Social Security numbers (or document numbers for any legal immigrants who need insurance)

☐ Birthdates and general information about you and your family members who are also applying for health coverage

☐ Policy numbers for any current health insurance

☐ Employer and income information for everyone in your family (for example, from paystubs, W-2 forms or wage and tax statements)

☐ Information about any job-related health insurance available to your family

Having these documents available will make the process go much quicker. Be prepared by having them nearby when you complete your application.

* Remember if you have a qualifying life event or if you are eligible for Medicaid, you can apply anytime

Pharmacy Assistance in Maryland

Below are a several ways to get assistance paying for prescriptions in Maryland that are not covered by your health insurance plan, Medicare part D and/or Medicaid.

Maryland Prescription Plan – Prescription Assistance Program (PAP)

Website: https://www.marylandrxcard.com/

As a resident of **Maryland**, you and your family have access to a statewide Prescription Assistance Program (PAP). Create and print your discount prescription drug card coupon here: https://www.marylandrxcard.com/. This pharmacy coupon card will provide you with Rx medication **savings of up to 75%** at more than 68,000 pharmacies across the country including **CVS/pharmacy, Albertsons, Walgreens, Stop & Shop, Giant, Safeway, Rite Aid, Kmart**, and many more. You can create as many coupons as you need. You can create and send them to friends and family members via one of the many available options. **This Coupon/Card is pre-activated and can be used immediately!**

- **Free For Everyone.** All residents are eligible to get pharmacy discounts through this program. The program may be used to provide savings on prescriptions not covered by your health insurance or Medicare Part D. The program may also be used instead of your insurance coverage when it offers greater savings than your copay.
- **No Restrictions.** There are no enrollment forms, no age or income requirements, no waiting periods, no eligibility required, no exclusions, covers pre-existing conditions, no claim forms to file, no annual or lifetime limits.
- **Lowest Price.** This program has *Lowest Rx Price Logic* to guarantee that you get the best pricing on prescriptions (Card holders pay the lower of a discount off Average Wholesale Price-AWP, discount off MAC Pricing, or Pharmacy Promotional/Retail price). You can save up to 75% on your medications (average savings are roughly 30%)!
- **Medications.** The program includes discounts on brand and generic medications, open formulary so that all medications are eligible for discounts.
- **Accepted Everywhere.** The Discount Prescription Card is pre-activated and accepted at over 68,000 pharmacies around the country including most major chains.
- **Confidential.** No personal information is required to get a card.

If you do not have a computer or smart phone, ask a friend to download the coupon for you or go to the local library where you can use a computer. Ask a librarian for help, if you need it.

Senior Prescription Drug Assistance Program (SPDAP)

Website: http://marylandspdap.com/

The Senior Prescription Drug Assistance Program (SPDAP) is a subsidy program established by the Maryland General Assembly in 2005 to provide financial assistance to moderate-income Maryland residents who are eligible for Medicare and are enrolled in a prescription drug plan.

They offer 2 ways for seniors to get assistance with paying for prescriptions and out of pocket costs. The first is called a Premium Subsidy and the other is a Coverage Gap subsidy (for assistance during that time of year when Medicare recipients have a gap in their coverage to pay for their prescriptions).

Eligibility Requirements

To participate in the Senior Prescription Drug Assistance Program,
individuals must meet the following eligibility requirements:

- Show residency in Maryland for at least six months
- Be a Medicare recipient
- Have an income at or below 300% of the Federal Poverty Level.

Premium Subsidy

SPDAP will pay up to $40.00 per month for a member's Medicare Rx prescription drug plan premium, as long as the individual is enrolled in an approved Medicare prescription drug plan or a Medicare Advantage prescription drug plan.

There is an open enrollment period, usually between October and December for the upcoming year.

If you need assistance with determining if you are eligible or for assistance applying:

Please contact the Maryland Department of Aging at 1-800-243-3425 or Medicare at 1-800- 633-4227.

Coverage Gap (Doughnut Hole) Subsidy

Senior Prescription Drug Assistance Program (SPDAP) provides a coverage gap (aka the "Donut Hole") subsidy for eligible members enrolled in a Maryland Medicare Part D prescription drug plan (PDP).

Information about eligibility, maximum subsidy benefit amount and submission instructions for the SPDAP Coverage Gap (Donut Hole) can be found here: http://marylandspdap.com/wp-content/uploads/2018/01/SPDAP-Annual-Coverage-Gap-Subsidy-2017-Notice-Final.pdf

Here is how it works:
As a Medicare Part D recipient, you are responsible for 100% of your prescription drug costs while in the coverage gap, less applicable Federal Drug Discounts and any supplemental coverage offered by your plan. If your total drug costs exceed $3,700 before the end of the year, you may be eligible for this Coverage Gap Subsidy. The maximum benefit per member for 2016 was $600.00. For 2017 the maximum benefit increased to $1,000.00.

To take advantage of this Coverage Gap Subsidy, you will need to provide your December Monthly Prescription Drug Summary Statement, provided by your Medicare Part-D plan. Your submitted statement will indicate your total drug costs for the plan year.

If you do not have drug costs that exceed the initial coverage limit of $3,700, you should not submit your Benefit Summary Statement. You are not entitled to the coverage gap benefit.

If the total drug costs are above the initial coverage limit of $3,700, please submit your December Monthly Prescription Drug Summary Statement for review. Members who receive a partial Federal Low-Income Subsidy (LIS), or extra help, are not eligible to receive the coverage gap subsidy.

Your December Monthly Prescription Drug Summary Statement must be received by March 31 to be processed for the previous year Coverage Gap Subsidy benefit. If you are eligible for the Coverage Gap Subsidy, a check will be issued and mailed to you directly from the SPDAP.

If you have any questions about the Senior Prescription Drug Assistance Program Coverage Gap Subsidy benefit, or any other SPDAP questions,

please call 1-800-551-5995; Mon-Fri, 8:00am-5:00pm EST, or visit us at www.marylandspdap.com for more information.

Pharmaceutical Assistance Program

Some pharmaceutical companies offer assistance programs for the drugs they manufacture. Medicare has a website where you can look up your medication to see if the drug company has a program to assist with cost of your medication.

Go to this website: https://www.medicare.gov/pharmaceutical-assistance-program/Index.aspx#

Click on the first letter of your drug name to see if any programs are available for the drugs you are taking. If your drug is on the list, click on "details" for detailed information about the program.

If you do not have a computer or smart phone, ask a friend or family member who does or go to the local library where you can use a computer. Ask a librarian for help, if you need it.

Primary Care Health Clinics and Practices

Baltimore Medical Systems (BMS) offers a sliding scale fee program based on the patient's income. If the patient is unemployed, they will evaluate the patient's payment by whatever the source of income; he/she may collect supplemental security income, social security, disability or some other government program. Among the services provided are: Ob/Gyn, Pediatrics, Internal Medicine, Podiatry, Ophthalmology, and Dentistry services.

Website: **http://bmsi.org**

Locations and contact information for Baltimore Medical Systems clinics:

Belair–Edison Family Health Center
Phone: 410-558-4848 or 410-558-4800
Address: 3120 Erdman Avenue Baltimore, MD 21213

Highlandtown Community Health Center
Phone: 410-558-4900 or 410-558-4700
Address: 3509 Eastern Avenue Baltimore, MD 21224

Matilda Koval Medical Center
Phone: 410-558-4747
Address: 2323 Orleans Street Baltimore, MD 21224

Baltimore Medical Systems at Falls Road
Phone: 410-558-4848
Address: 3612 Falls Road Baltimore, MD 21211

Baltimore Medical Systems at Annapolis Road
Phone: 410-789-8399
Address: 4000 Annapolis Road, Suite 105 Baltimore, MD 21227

Baltimore Medical Systems at Middlesex
Phone: 410-558-4700
Address: 1245 Eastern Blvd. Baltimore, MD 21221

Baltimore Medical Systems at St. Agnes
Phone: 443-703-3200
Address: 900 Caton Avenue Baltimore, MD 21229

Family Health Centers of Baltimore (FHCB) is a not-for-profit health center, providing primary care services at 3 locations in the Baltimore area. FHCB offers a sliding scale fee program, which depends on the patient's income, is available for people without health insurance. Patients who are unemployed can meet with a social worker to discuss eligibility for insurance plans.

Website: www.fhcb.org

Locations and contact information for Family Health Centers of Baltimore:

Family Health Center Cherry Hill
Phone: 410-354-2000
Address: 631 Cherry Hill Road Baltimore, MD 21225

Family Health Center Brooklyn
Phone: (410) 355-0343
Address: 3540 S Hanover St Brooklyn, MD 21225-1732

Family Health Center Mead Building (Behavioral Health)
Phone: (410) 500-5600
Address: 315 North Calvert Street Baltimore, MD 21202

Jai Medical Systems Managed Care Organization, Inc. is a Medicaid Managed Care Organization providing Medicaid health insurance benefits for the State of Maryland in the Health Choice program. Will work with client to get medical assistance and pharmacy assistance. Services offered by these primary care medical centers include onsite laboratory services, onsite x-ray services, pharmacy services, physicals, well-child checks, same day sick visits, flu shots, immunization services and extended office hours.

Website: https://www.jaimedicalsystems.com/

Locations and contact information for Jai Medical Systems:

Jai Medical Center York Rd
Phone: 410-433-2200
Address: 5010 York Road Baltimore, MD 21212

Jai Medical Center Eutaw Place
Phone: 410-728-6900
Address: 2425 Eutaw Place Baltimore, MD 21217

Jai Medical Center Park Heights Avenue
Phone: 410-542-8130
Address: 4340 Park Heights Avenue Baltimore, MD 21215

Jai Medical Center E. Monument Street
Phone: 410-327-5100
Address: 1235 Monument St Baltimore, MD 21202

Chase Brexton Health Services offers a variety of medical services including walk-in appointments for sexually transmitted diseases and emergency birth control. Please see the web site for up-to-date information and specific problems. They have a Sliding Scale Fee Program, which depends on the patient's income. If the patient is unemployed they will evaluate the patient's payment by whatever source of income, he/she may collect, i.e., SSI, social security, etc.

Website: http://www.chasebrexton.org

Locations and contact information for Chase Brexton:

Main Chase Brexton Office
Phone: 410-837-2050
Address: 1001 Cathedral Street Baltimore, MD 21201

Downtown Location
Phone: 410-837-2050
Address: 1125 North Charles, Baltimore MD 21201

Columbia Location
Phone: 410-837-2050
Address: 5500 Knoll N Drive #370, Columbia MD. 21045

Glen Burnie Location
Phone: 410-837-2050
Address: #200 Hospital Dr #300, Glen Burnie MD. 21061

Randallstown Location
Phone: 410-837-2050
Address: 3510 Brenbrook Dr, Randallstown MD. 21133

Bon Secours St. Francis Outpatient Center, Specialty Institute and Primary Care

Sliding Scale Fee Program, which depends on the patient's income or direct billing for each visit. Specialize in HIV/AIDS clients. Persons with HIV/AIDS may be eligible for a Ryan White Grant, which provides money for the patient's treatment and care. If patient is unemployed, they will evaluate the patient's payment by whatever source of income, he/she may collect, i.e., SSI, social security, etc.

Website: https://bonsecours.com/baltimore/about-us/bon-secours-health-system#

Location and contact information for Bon Secours:

Bon Secours St Francis Outpatient Center
Phone: 410-362-3400
Address: 10 North Payson Street. Baltimore, MD 21223

Bon Secours Family Health and Wellness Center
Phone: 410-362-3612 or 410-362-3079
Address: 1940 West Baltimore Street. 3rd Floor Baltimore, MD 21223

Bon Secours Washington Village
Phone: 410-539-3360
Address: 700 Washington Boulevard. Baltimore, MD 21230

Johns Hopkins Community Physicians are committed to communicating promptly with their patients' health care team and collaborating with them to deliver high-quality, coordinated care. Sliding Scale Fee Program, which depends on the patient's income. Services include; OBG/GYN, Pediatrics, Internal Medicine, Labs, social services.

Website: https://www.hopkinsmedicine.org/community_physicians/our_team/index.html
This website includes physicians in many specialty areas. See website for details or call 667-312-2400 for referrals.

Locations (Baltimore city) and contact information for Johns Hopkins:

Johns Hopkins Community Physicians – Internal Medicine Practice at Bayview
Phone: 410-550-3350
Address: 301 Mason Lord Drive Baltimore, MD 21224

Johns Hopkins Community Physicians - Remington
Phone: 667-312-2400
Address: 2700 Remington Ave. Suite 2000. Baltimore MD 21211

Johns Hopkins Community Physicians - East Baltimore Medical Center
Phone: 410-522-9800
Address: 1000 East Eager Street. Baltimore, MD 21202

Johns Hopkins Community Physicians - Canton Crossing
Phone: 410-522-9940
Address: 1501 South Clinton Street, Suite 200 Baltimore, MD 21224

Mercy Personal Physicians offers primary care doctors as well as specialists for patients that work or live in and around Baltimore. Sliding Scale Fee Program depending on the patient's income.

Website: https://mercydocs.com/downtown-personal-physicians?sc_lang=en

Locations and contact information for Mercy Medical Center:

Mercy Medical Center - Downtown
Phone: 1-800-MD-Mercy
Address: 301 St. Paul Place, Baltimore MD 21202

Mercy Personal Physicians Reisterstown
Phone: 410-833-2772
Address: 114 Business Center Drive, Reisterstown MD 21136

Mercy Personal Physicians Lutherville
Phone: 800-636-3729
Address: 1734 York Road Lutherville, MD 21093

Mercy Personal Physicians Overlea

Phone: 410-663-8100
Address: 7602 Belair Road, Baltimore MD 21236

Park West Medical Center offers General Internal Medicine. Ob/Gyn, Pediatrics, Dentistry (Belvedere location only), Pharmacy. Sliding Scale Fee Program, which depends on the patient's income If patient is unemployed, they will evaluate the patient's payment by whatever source of income, he/she may collect, i.e., SSI, social security, etc.

Website: http://www.parkwestmed.org/

Locations and contact information for Park West:

Men and Family Health at Park Heights
Phone:443-874-5502
Address: 4151 Park Heights Avenue Baltimore, MD 21215

Park West Belvedere
Phone: 410-542-7800
Address: 3319 W. Belvedere Avenue Baltimore, MD 21215

Park West Reisterstown Road Plaza
Phone: 410-764-2266
Address: 4120 Patterson Avenue Baltimore, MD 21215

Total Health Care Provides Healthcare Services to patients of all ages, From Newborn to Adolescents and Seniors. The clinic provides HIV/AIDS treatment, substance abuse treatment services, men's health and pediatrics. Sliding Scale Fee Program, which depends on the patient's income.

Website: http://totalhealthcare.org/

Locations and contact information for Total Health Care:

Total Health Care Division Street Health Center
Phone: 410-383-8300
Address: 1501 Division Street. Baltimore, MD 21217

Total Health Care Kirk Avenue Health Center
Phone: 410-383-8300
Address: 2400 Kirk Avenue. Baltimore, MD 21218

Total Health Care Mondawmin Health Center
Phone: 410-383-8300
Address: Mondawmin Concourse, suite 11-113. 2401 Liberty Heights Ave
Baltimore, MD 21215

Total Health Care Saratoga Health Center
Phone: 410-383-8300

Address: 1501 West Saratoga Street. Baltimore, MD 21223

Total Health Care Mt Royal Health Center
Phone:410-383-8300
Address: 922 W. North Avenue Baltimore, MD 21217

Total Health Care Men's Health Center
Phone: 410-383-8300
Address: Baltimore City Health Department 1515 W. North Avenue Baltimore, MD 21217

Total Health Care Odenton Health Center
Phone: 410-735-5719
Address: 1215 Annapolis Road Suite 107 Odenton, MD 21113

Total Health Care Open Gates Health Center
Phone: 410-735-5244
Address: 1111 Washington Boulevard Baltimore, MD 21230

Total Health Care Westside Health Center
Phone: 410-383-8300
Address: 2449 W. Frederick Avenue Baltimore, MD 21223

University Family Medicine provides a full range of medical services for you and your family, including: acupuncture, addiction (limited), adolescent care, adult well/sick care, diabetes group classes, education and preventive care, referrals to other specialists, when needed, routine gynecological care. Insurance Acceptance**;** University Family Medicine participates in most major insurance plans. Please call our office for a current listing of accepted insurance. For uninsured patients, other options are available. There are no special programs for patients who are unemployed or lack health insurance.

Website: https://www.umms.org/cmg

Locations and contact information for University of Maryland Medical Center:

University Family Medicine Associates, P.A.
Phone: l 800-492-5538 or 667-214-1800
Address: 29 S. Paca Street, First Floor Baltimore, MD 21201

University of Maryland Faculty Practice Office
Phone: 667-214-1515
Address: 419 West Redwood Street Suite 600 Baltimore, MD 21201

University of Maryland CMG – Primary Care at Heritage Crossing
Phone: 410-244-7026
Address: 312 N. Martin Luther King, Jr. Blvd Suite 302 Baltimore, MD 21201

Health Care for the Homeless provides healthcare services for homeless patients without health insurance or who have low income. All of their clinics offer same day or walk-in appointments. Call for specific walk-in hours.

Website: https://www.hchmd.org/

Locations and contact information for Health Care for the Homeless:

Health Care for Homeless - Baltimore City Downtown
Phone: 410-837-5533
Address: 421 Fallsway Rd. Baltimore, MD 21202

Health Care for Homeless – West Baltimore
Phone: 443-703-1400
Address: 2000 W. Baltimore St., Suite 247, Baltimore, MD 21223

Health Care for Homeless – Baltimore County
Phone: 443-703-1468
Address: 9150 Franklin Square Dr. Suite 301 Baltimore, MD 21237

Health Care for the Homeless also provides health care using a mobile health clinic

Health Care for Homeless – Mobile Health Clinic
Phone: 410-703-1200

Schedule and location for Health Care for the Homeless Mobile Clinic:

Monday
Manna House, 435 E. 25th St., Baltimore, MD 21218 (all day)

Tuesday
Glenwood Life, 516 Glenwood Ave., Baltimore, MD 21212 (morning)
YES Drop-in Center, 2315 N. Charles St., Baltimore, MD 21218 (afternoon)

Wednesday
Sarah's Hope at Hannah More, 12041 Reisterstown Rd, Reisterstown, MD 21136 (all day—1st and 3rd Wednesdays)
Franciscan Center, 101 W. 23rd St., Baltimore, MD 21218 (morning—2nd and 4th Wednesdays)
Viva House, 26 S. Mount St., Baltimore, MD 21223 (afternoon—2nd and 4th Wednesdays)

Thursday
Weinberg Housing and Resource Center, 620 Fallsway, Baltimore, MD 21202 (morning)

Friday
My Sister's Place, 17 W. Franklin St., Baltimore, MD 21201 (morning)
Weinberg Housing and Resource Center, 620 Fallsway, Baltimore, MD 21202 (afternoon)

Additional Health Care Resources

Free screenings for Sexually Transmitted Diseases (STD)

Getting yourself tested for sexually transmitted infections is the first step in taking responsibility for your sexual health and the health of your partners. Get a free test for HIV or other sexually transmitted infections (STIs) at one of the STD clinics in Baltimore.

The Baltimore City Health Department, Bureau of Clinical Services operates two STD Clinics. These clinics provide free and confidential testing, diagnosis and treatment for STIs, including chlamydia, gonorrhea, trichomonas, NGU, syphilis, herpes simplex virus, genital warts (HPV), and HIV. They also provide testing, diagnosis and treatment for yeast infections, bacterial vaginosis, and Hepatitis C. The clinics provide Ryan White primary care services for HIV positive clients along with STI testing.

No appointment necessary, but patients are encouraged to arrive at the clinic at 8:30 a.m. Most services are free. Please contact clinic for details.

Clinic Locations and Hours:

Druid STD Clinic
1515 W. North Ave, Baltimore, MD 21217
(410) 396-0176
Metro Subway: Penn-North Station

Hours of Operation
Monday - Wednesday: 8:30AM - 5:00PM (must register by 4:00PM)
Thursday: 8:30AM - 1:00PM (must register by noon)
Friday: 8:30AM - 5:00PM (must register by 4:00PM)

Eastern STD Clinic
620 North Caroline St., Baltimore, MD 21205
(410) 396-9410
Metro Subway: Johns Hopkins Hospital

Hours of Operation
Monday - Wednesday: 8:30AM - 5:00PM (must register by 4:00PM)
Thursday: 8:30AM - 1:00PM (must register by noon)
Friday: 8:30AM - 5:00PM (must register by 4:00PM)

HIV/STD Prevention Program Administrative Office Location and Contact Information:
1001 E. Fayette St., Baltimore, MD 21202
(410) 396-4448

National HIV Health Services

AIDS and STD Hotline:	1-800-CDC-INFO
National Hotline:	1-800-342-AIDS
Resource Line:	1-888-694-4300

Additional Health Services in Baltimore city:

First Call for Help (Information and Referral)	410-685-0525
Information on drug treatment	410-366-1717
To obtain lead paint inspection	410-537-3000
Baltimore city health department free immunizations	410-396-4454
To receive referral for mental health problems	410-837-2647
To obtain information on other health services	410-396-4398
House of Ruth Hotline for domestic violence victims	410-889-RUTH

Children's Services

Baltimore Reads, Inc.	410-752-3595
Child Abuse Response and Evaluation Services (CARES)	410-361-2235
Parents Anonymous of Maryland	1-800-273-7337 OR 410-889-2300 Ext: 1242
State WIC Hotline	1-800-242-4WIC
Local WIC phone	410-396-9427

Dental Health Services

www.FreeDentalCare.US/ is a webpage that identifies free or reduced cost dental care clinics in your area. Below are some of the clinics in Baltimore:

Park West at Belvedere
Phone: 410-542-7800
Address: 3319 W. Belvedere Avenue Baltimore, MD 21215

Total Health Care - Division Health Center
Phone: 410-383-8300
Address: 1501 Division Street. Baltimore, MD 21217

Dental Clinic at Healthcare for the Homeless
Phone: 410-837-5533
Address: 725 Fallsway Road Baltimore, MD 21202

Chase Brexton Health Care – Pediatric dental services only
Phone: 410-837-2050
Address: 1111 N. Charles Street Baltimore, MD 21201

Ophthalmology (Vision) Services

EyeCare America A public service program of the Foundation of the American Academy of Ophthalmology, provides free eye exams for qualifying seniors. Eligible individuals receive a comprehensive medical eye exam and up to one year of care for any disease diagnosed during the initial exam at no out-of-pocket cost.
The program facilitates eye care for U.S. citizens and legal residents who are without an eye doctor and who do not belong to an HMO or have eye care coverage through the Veterans Administration.

Volunteer ophthalmologists accept Medicare and/or other vision insurance reimbursement as payment in full. Patients without insurance receive care at no charge. To determine if you or a senior family member or friend qualifies for free eye exams and other services provided by this program, visit the EyeCare America website.

For more information about EyeCare America call 1-877-887-6327 or visit their website

Website: https://www.aao.org/eyecare-america

New Eyes A non-profit volunteer organization that purchases new eyeglasses for low income children and adults in the United States. The organization also recycles donated glasses for distribution to indigent people in developing nations worldwide. Founded in 1932, New Eyes has provided free eyeglasses to more than 8 million people in the U.S. and around the world. The organization is based in Short Hills, New Jersey.

For more information about New Eyes, call 1-973-376-4903 or visit their website

Website: https://www.new-eyes.org/application/

VISION USA The AOA Foundation, provides free eye exams to uninsured, low-income workers and their families. During the summer of 2018 Vision USA is redesigning their program and will not be taking referrals until the relaunch of the program in 2019.

For more information about VISION USA call: 1-800-766-4466 or visit their website

Website: http://www.aoafoundation.org/vision-usa/

Sinai Community Care
Phone: 410-601-9300
Address:5101 Lanier Avenue. Baltimore, MD 21215

Mental Health Services

Domestic Abuse Counseling

Care Clinic
Phone: 410-706-1142
Address: 520 West Lombard Street Baltimore, MD 21201

My Covenant Place's "Alpha Project"
Phone: 443-759-3355
Address: 1400 E Federal Street Baltimore, MD 21213

Pro Bono Counseling Project
Phone: 410-825-1001
Address: 110 West Road Towson, MD 21204

Dual Diagnosis (Substance Abuse and Mental Health)

No Turning Back Behavioral Health
Phone: 443-708-5249
Address: 2901 Druid Park Drive Baltimore, MD 21215

Positive Steps
Phone: 410-878-6404
Address: 5710 Bellona Ave Baltimore, MD 21212

Powell Recovery Center PRP
Phone: 410-276-1773
Address: 14 S Broadway Baltimore, MD 21231

Sober Transitions and Recovery Services
Phone: 443-813-5677
Address: 3218 Belair Rd Baltimore, MD 21213

Family Counseling (Individual adult, children and family counseling)

American Red Cross: Service to the Armed Forces
Phone: 877-272-7337
Address: 4800 Mount Hope Drive Baltimore, MD 21215

Annapolis Veteran's Center
Phone: 410-605-7826
Address: 100 Annapolis Street Annapolis, MD 21401

APM & ADEPT
Phone: 410-761-0725
Address: 8028 Ritchie Highway Pasadena, MD 21122

Associated Catholic Charities
Phone: 410-547-5490
Address: 320 Cathedral St Baltimore, MD 21201

Associated Catholic Charities: Villa Maria Behavioral Health Services of Baltimore City (Fallstaff)
Phone: 667-600-3210
Address: 6999 Reisterstown Road Baltimore, MD 21215

Associated Catholic Charities: Villa Maria Behavioral Health Services of Baltimore City (Remington) In-Home Intervention Program - Traditional
Phone: 410-685-2363
Address: 2601 N Howard Street Baltimore, MD 21218

Associated Catholic Charities: Villa Maria Behavioral Health Services of Baltimore County (Lansdowne)
Phone: 667-600-3984
Address: 2700 Washington Ave Baltimore, MD 21227

Baltimore Child and Adolescent Response System (B-CARS)
Phone: 410-547-5490
Address: 320 Cathedral St Baltimore, MD 21201

Baltimore City Head Start
Phone: 410-396-7414
Address: 1800 Washington Blvd Baltimore, MD 21230

Baltimore Crisis Response, Inc.: Detox Unit
Phone: 410-433-5175
Address: 630 West Fayette Street Baltimore, MD 21201

Baltimore Crisis Response, Inc.: Residential Unit
Phone: 410-433-5175
Address: 630 West Fayette Street Baltimore, MD 21201

Baltimore Crisis Response: Mobile Crisis Team
Phone: 410-433-5175
Address: 5124 Greenwich Avenue Baltimore, MD 21229

Brighter, Stronger Foundation
Phone: 410-574-0000
Address: 6 Nashua Court Baltimore, MD 21221

Brook Lane Health Services
Phone: 301-733-0330
Address: 13218 Brooklane Drive Hagerstown, MD 21742

C. A. Rushing & Associates
Phone: 410-562-5248
Address: 4710 Pennington Ave Baltimore, MD 21226

Catholic Charities Home-Based Respite Program
Phone: 410-547-5490
Address: 320 Cathedral St Baltimore, MD 21218

Catholic Charities: Villa Maria Behavioral Health Services of Baltimore County (Lansdowne)
Phone: 410-368-3894
Address: 2700 Washington Ave Baltimore, MD 21227

Changing Lives at Home: Mental Health
Phone: 443-869-2600
Address: 4805 Garrison Boulevard Baltimore, MD 21215

Chase Brexton Health Care
Phone: 410-837-2050
Address: 200 Hospital Dr Glen Burnie, MD 21061

Chase Brexton Health Services: Mt. Vernon Center
Phone: 410-837-2050 x2428
Address: 1111 North Charles Street Baltimore, MD 21201

Divine Mercy
Phone: 410-685-2830
Address: 828 Guilford Avenue Baltimore, MD 21202

Family Center at Kennedy Krieger
Phone: 443-923-5980
Address: 1750 E Fairmount Avenue Baltimore, MD 21231

Family Crisis Center of Baltimore County: Domestic Violence Shelter
Phone: 410-285-7496

First Choice Counseling Center
Phone: 410-929-4793
Address: 17 Warren Rd Pikesville, MD 21208

Focus on Recovery
Phone: 443-744-9043
Address: 2115 N Charles Baltimore, MD 21218

Give an Hour
Phone: *no phone number is provided*
website: https://giveanhour.org/get-help/
Address: PO Box 5918 Bethesda, MD 20824

Glass Substance Abuse Program (GSAP)
Phone: 410-225-5452
Address: 821 N Eutaw Street Baltimore, MD 21201

Harford-Belair Community Mental Health Center
Phone: 410-426-1525 x3271
Address: 4308 Harford Road Baltimore, MD 21214

Healings from Within
Phone: 410-493-5918
Address: 1314 Bedford Avenue Suite 113 Baltimore, MD 21208

Hope Health Systems, Inc
Phone: 410-265-8737
Address: 6707 Whitestone Rd Woodlawn, MD 21207

HOPE Recovery Community Center
Phone: *Sorry, no phone number information available for this agency.*
Address: 2828 Loch Raven Rd Baltimore, Md 21218

Inner Peace Counseling
Phone: 443-869-4034
Address: 2203 East Chase Street Baltimore, MD 21213

Insightful Life Therapeutic Services
Phone: 443-873-7197
Address: 5438 York Road Baltimore, MD 21212

Intentional Healing Space
Phone: 410-733-2055
Address: 519 N Charles Street Baltimore, MD 21201

Interdynamics
Phone: 301-306-4590
Address: 4601 Forbes Boulevard Lanham, MD 20706

Jacob Dover, LCSW-C
Phone: 443-765-6647
Address: PO Box 4808 Baltimore, MD 21211

Jesse Fask LCSW-C
Phone: 410-259-9001
Address: PO Box 66229 Baltimore, MD 21239

Jewish Community Services: Psychiatric Rehabilitation Program
Phone: 410-466-9200
Address: 5750 Park Heights Ave Baltimore, MD 21215

John Hopkins Bayview Medical Community Psychiatry Program
Phone: 410-550-0104
Address: 4940 Eastern Avenue Baltimore, MD 21224

Johns Hopkins Community Psychiatry Program
Phone: 410-955-5748
Address: 600 N Wolfe Street Baltimore, MD 21287

JR Healthcare
Phone: 410-962-7180
Address: 1101 West Pratt Street Baltimore, MD 21223

Lakeview Healthcare Systems
Phone: 540-951-1903
Address: 1510 Seneca Drive Blacksburg, VA 24060

Maryland Air National Guard: 175th Wing Family Readiness Group
Phone: 800-847-7549 ext 6768

Maryland Center for Veterans
Phone: 410-576-9626
Address: 301 North High Street Baltimore, MD 21202

Mentor of Maryland Institute of Family Centered Services
Phone: 443-543-0590
Address: 1540 Caton Center Drive Baltimore, Md 21227

Mosaic Community Services: Adult Psychiatric Rehabilitation Program
Phone: 410-453-9553, Ext. 1207
Address: 1931 Greenspring Drive Timonium, MD 21093

Mosaic Community Services: Outpatient Mental Health Clinics
Phone: 410-453-9553, Ext. 1107
Address: 1931 Greenspring Drive Timonium, MD 21093

Moving Forward Counseling Services
Phone: 410-339-4636
Address: 1055 Taylor Ave Towson, MD 21286

My Covenant Place's "Alpha Project"
Phone: 443-759-3355
Address: 1400 E Federal Street Baltimore, MD 21213

North Baltimore Center
Phone: 443-573-8672
Address: 2225 N Charles Street Baltimore, MD 21218

Optimum Health Systems, Inc. OMHC & PRP
Phone: 410-233-6200
Address: 2300 Garrison Blvd Baltimore, MD 21216

People Encouraging People (PEP, Inc.)
Phone: 410-366-4299
Address: 2002 Clipper Park Rd Baltimore, MD 21211

Port Recovery
Phone: 410-522-3746
Address: 3410 White Avenue Baltimore, MD 21214

Pro Bono Counseling Project
Phone: 410-825-1001
Address: 110 West Road Towson, MD 21204

Safe Journey House
Phone: 301-925-9120
Address: 6910 Annapolis Road Hyattsville, MD 20784

St. Vincent de Paul of Baltimore Career Center
Phone: 410-225-0870
Address: 3445 Park Heights Avenue Baltimore, MD 21215

Step By Step of Maryland
Phone: 410-744-5200
Address: 3602 Mohawk Avenue Baltimore, MD 21207

The Baltimore Therapy Center
Phone: 443-598-2821
Address: 103 Old Court Road Baltimore, MD 21208

The Family Tree
Phone: 410-889-2300
Address: 2108 N Charles Street Baltimore, MD 21218

The Stone Foundation
Phone: 410-296-2004
Address: 320 E Towsowntown Blvd Towson, MD 21286

Therapeutic Living for Families
Phone: 410-366-1151
Address: 3425 Sinclair Lane Baltimore, MD 21213

Thomas B. Finan Center
Phone: 301-777-2405
Address: 10102 Country Club Road SE Cumberland, MD 21501

Turn Around
Phone: 410-377-8111
Address: 401 Washington Avenue Suite 300 Towson, MD 21204

UMMC: PACT
Phone: 410-328-2190
Address: 630 West Fayette Street Baltimore, MD 21201

UMMC: Walter P. Carter Clinics
Phone: 410-328-2293
Address: 701 W Pratt Street Baltimore, MD 21201

Union Memorial Hospital: Counseling Center
Phone: 410-554-2000
Address: 201 East University Parkway Baltimore, MD 21218

Inpatient Mental Health Facilities

Baltimore Behavioral Health (BBH): Partial Hospitalization Program
Phone: 410-962-7180
Address: 1101 W Pratt St Baltimore, MD 21223

Bon Secours Baltimore Health System: Partial Hospitalization Program
Phone: 410-362-3533
Address: 2000 W Baltimore Street Baltimore, MD 21223

Johns Hopkins Community Psychiatry Program
Phone: 410-955-5748
Address: 600 N Wolfe Street Baltimore, MD 21287

Johns Hopkins Hospital Day Treatment
Phone: 410-955-5104
Address: 600 North Wolfe Street Baltimore, MD 21287

Johns Hopkins Hospital Geriatric Day Treatment
Phone: 410-955-8069
Address: 600 North Wolfe Street Baltimore, MD 21287

JR Healthcare
Phone: 410-962-7180
Address: 1101 West Pratt Street Baltimore, MD 21223

Levindale Hebrew Geriatric Center
Phone: 410-601-2400
Address: 2434 W Belvedere Avenue Baltimore, MD 21215

Sarah's House Mental Health Services
Phone: 410-225-3101
Address: 2901 Druid Park Drive Baltimore, MD 21215

Sinai Hospital Department of Psychiatry
Phone: 410-601-5461
Address: 2401 W Belvedere Avenue Baltimore, MD 21215

UMMS Partial Hospitalization Program
Phone: 410-328-6797
Address: 22 S Greene Street Baltimore, MD 21201

Union Memorial Hospital
Phone: 410-554-2000
Address: 201 East University Parkway Baltimore, MD 21218

Psychiatric Medication Services

Baltimore Crisis Response, Inc.: Detox Unit
Phone: 410-433-5175
Address: 630 West Fayette Street Baltimore, MD 21201

Baltimore Crisis Response, Inc.: Residential Unit
Phone: 410-433-5175
Address: 630 West Fayette Street Baltimore, MD 21201

Baltimore Crisis Response: Mobile Crisis Team
Phone: 410-433-5175
Address: 5124 Greenwich Avenue Baltimore, MD 21229

Concerted Care Group
Phone: 410-617-0142
Address: 428 E 25th Street Baltimore, MD 21218

Ikwunga Wonodi, M.D. and Associates
Phone: 410-234-2727
Address: 1800 N Charles Street Baltimore, MD 21201

Recovery Counseling Center
Phone: 443-681-9150
Address: 7211 Park Heights Ave Baltimore, MD 21208

The Stone Foundation
Phone: 410-296-2004
Address: 320 E Towsontown Blvd Towson, MD 21286

University of Maryland: Mobile Treatment
Phone: 410-328-2564
Address: 630 W Fayette Street Baltimore, MD 21201

Suicide Prevention

For immediate help: Call the National Suicide Prevention Lifeline at 1-800-273-8255

Crisis Text Line text SIGNS **741741**
The Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text. A live, trained crisis counselor receives the text and responds quickly.

Both services are free and available 24/7

Website: https://suicidepreventionlifeline.org/

Substance Abuse Treatment Services

Addict Referral and Counseling Center, Inc. (AARC)	410-637-1916
Baltimore Crisis Response, Inc.	410-752-2272
Crossroads Center	410-358-5744
Family Services Foundation	1-888-472-4716

Substance Abuse & Mental Health Service Administration (SAMHSA)
Phone: 1-800-662-HELP (4357)

Website: www.samhsa.gov/find-help/national-helpline

Alcoholics Anonymous

What is it?
Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; they are self-supporting through their own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Their primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Where is it?
AA meetings are held throughout Baltimore City. Use this website to find a meeting that is convenient for you, https://www.baltimoreaa.org/meetings.php, or view the meeting locations below. The website will provide dates and times for meetings at each individual location.

Meetings Near Inner Harbor:

120 N. Front St. St. Vincent de Paul's Church
Downtown Baltimore 21202 Open Meeting

811 Cathedral St. (enter on Read St.) Emmanuel Episcopal Church
Downtown Baltimore 21201 Open Meeting LGBTQ

1530 Battery Ave. & Randall St. Salem Lutheran Church
South Baltimore 21230 D Open Meeting

112 W Conway Street Old Otterbein Church
Downtown Baltimore 21201 Open Meeting

725 Fallsway & Madison St. Our Daily Bread
Downtown Baltimore 21202 D Open Meeting

1128 Pennsylvania Ave. Zion A.M.E. Church
Downtown Baltimore 21201 D Closed Meeting

701 S. Charles St. Christ Lutheran Church
South Baltimore 21230 Open Meeting

2700 E Baltimore St (Enter on Lakewood Ave) St. Elizabeth of Hungary Roman Catholics
21224 D Open Meeting

301 N. High St. MCVET
Downtown Baltimore 21202 D Open Meeting

1308 Beason St. at Decatur St. Christ United Church of Christ
South Baltimore 21230 D Open Meeting Lit, Spk 1st Tues

1111 N. Charles Street, First Floor Chase Brexton Health Care
Baltimore 21201 D Open Meeting

938 Hanover St. (enter on Hamburg) Sts. Stephen & James Lutheran
South Baltimore 21230 D Open Meeting Step

1435 S. Hanover St. Friendship House
Baltimore 21230 D Open Meeting

520 W. Fayette St. Maryland State Bar Center
Downtown Baltimore 21201 D Open Meeting

1 North Charles St., Suite 602 Building
Baltimore 21201 D Open Meeting

419 N. Aisquith St. at Orleans St. Waters A.M.E. Church
Downtown Baltimore 21202 D Open Meeting

1814 Maryland Ave. (Rear Entrance) Project PLASE
Downtown Baltimore 21201 Open Meeting

1301 S. Charles Street (enter Ostend & Patapsco Streets.) Church of the Advent
Baltimore 21230 D Open Meeting

120 N. Front St. St. Vincent De Paul's Church
Downtown Baltimore 21202 D Open Meeting LGBTQ

Meetings near Fells Point/Canton:

2736 O'Donnell Street St. Casimir Church
Canton/Highlandtown 21224 D Open Meeting Step

230 S. Broadway Building
Fells Point 21231 D Open Meeting Spanish

3401 Bank St. & Highland Ave. Nazareth Lutheran Church
Canton/Highlandtown 21224 D Open Meeting

3717 E. Baltimore St. Recovery for Life Building
Canton/Highlandtown 21224 D Open Meeting

100 S. Haven St. 857 Club
Canton/Highlandtown 21224 D Open Meeting

2700 E Baltimore St (Enter on Lakewood Ave) St. Elizabeth of Hungary Roman Catholics
21224 D Open Meeting

600 S. Conkling Street Sacred Heart of Jesus Christ
Baltimore 21224 D Open Meeting Step

30 South Broadway Bridge House
Fells Point 21231 D Open Meeting

1400 E. Lombard Street
Baltimore 21231 Open Meeting

1725 E Baltimore St; back basement entrance The Mix Church
Baltimore 21231 Open Meeting

3405 Gough Street Salem United Methodist Church
Baltimore 21224 D Open Meeting

3115 Eastern Avenue Gallery Church Patterson Park
Baltimore 21224 D Closed Meeting

1025 S. Potomac St. Church on the Square
Canton/Highlandtown 21224 D Open Meeting Beg, Step

Meetings Near Hampden/Charles Village:

2523 Maryland Ave.; rear entrance Weisman House
Waverly/Charles Village 21218 D Open Meeting

2613 N. Calvert St. Chip House
Waverly/Charles Village 21218 D Open Meeting

2640 St. Paul Street St. John's United Methodist Church
Waverly/Charles Village 21218 D Open Meeting

3807 N. Charles St. & 39th St.; rear entrance. First English Lutheran Church
Waverly/Charles Village 21218 D Open Meeting Beg, Step

300 E. 29th St. 29th St. Community Center
Baltimore 21218 D Open Meeting

2629 Huntington Ave. Church of the Guardian Angel
Hampden 21211 D Open Meeting Step

1104 W. 36th Street Hampden Family Center
Hampden 21211 D Open Meeting

4200 St. Paul St. Second Presbyterian Church
Guilford 21218 D Open Meeting

2700 E Baltimore St (Enter on Lakewood Ave) St. Elizabeth of Hungary Roman Catholics
21224 D Open Meeting

4 E. University Pkwy; entrance on Charles St. Cathedral of the Incarnation
Waverly/Charles Village 21218 D Open Meeting

3807 N. Charles St. & 39th St.; rear entrance. First English Lutheran Church
Waverly/Charles Village 21218 D Open Meeting LGBTQ, 12 & 12

2828 Loch Raven Blvd. (1st & 3rd Wed.) Hope Recovery Center
Baltimore 21218 D Open Meeting Bi-Weekly

36th & Poole Sts. Woodberry Church of the Brethren
Hampden 21211 D Open Meeting

949 Gorsuch Ave. Marian House
Baltimore 21218 D Open Meeting W, Ring doorbell

2530 N. Charles St. (3rd Fl. Press Buzzer) Bank of America Building
Baltimore 21218 D Open Meeting LGBTQ

3101 The Alameda St. Paul's Baptist Church Hall
Waverly/Charles Village 21218 D Open Meeting

3107 N. Charles St. Homewood Meeting House
Baltimore 21218 D Open Meeting

Al-Anon and Alateen

What is it?
Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking in the past or present. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. In a typical AL-ANON meeting, participants share and listen to the experiences, strengths and hopes of one another on a confidential and anonymous basis.

Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it.

Where is it?
Please refer to the Al-Anon Maryland website for a meeting directory by following this link: https://www.alanon-maryland.org/. The following two pages of this referral booklet also list the meeting directory.

Al-Anon is a fellowship of friends and relatives of alcoholics. Unless otherwise specified, all meetings are OPEN, and can be attended by anyone interested in learning about the Al-Anon program. A CLOSED meeting (indicated by **Ø**) is for Al-Anon or Alateen members only, and those considering membership.

When our information service office lists a group, at their request, there is an informal agreement that the group will abide by Al-Anon traditions and keep its doors open to any Al-Anon or Alateen member. Listing in the directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program. If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon/Alateen.

Ø =	Closed meeting (see above)
H =	Handicapped accessible
AT =	Alateen meeting at same time & location
AA =	AA meeting at same time & location
D =	District number
AFG =	Al-Anon Family Group
(###) =	WSO ID number

ALATEEN

There is an Al-Anon meeting at the same time and place as each Alateen meeting. Meeting information does change, so please call or visit our website for the latest information on Alateen meetings.

SUNDAY

ZIP 21044 / 7:00 PM: ***COLUMBIA ALATEEN*** (30583282) Medical Pavilion of Howard County, Columbia Room, 10710 Charter Dr./ D10 / **Ø** / **AA**

ZIP 21093 / 7:00 PM: ***SUNDAY NIGHT ALATEEN*** (30587301) Grace Lutheran Church, 8601 Valleyfield Rd., Lutherville / D6 / Ø / AA

TUESDAY

ZIP 21158 / 8:00 PM: ***WESTMINSTER ALATEEN*** (30647776) St. Benjamin's Lutheran Church, 700 Kreider's Cementary Rd.., Westminster / D3 / **Ø** / **H** (Enter through front doors, 3rd door on left.)

AL-ANON

SUNDAY

ZIP 21044 / 7:00 PM: ***SUNDAY COLUMBIA STEP MTG. AFG*** (5888) Medical Pavilion of Howard County, Roxymill Room, 10710 Charter Dr. / D10 / **Ø** / **H** / **AT** / **AA**

ZIP 21050 / 7:00 PM: ***BEGINNERS GROUP AFG*** (5916) Centre United Methodist Church, 2409 Rocks Rd., Forest Hill / D5/ **AA**

ZIP 21074 / 8:00 PM: ***HAMPSTEAD SUNDAY NIGHT AFG*** (30510630) Saint John's United Methodist Church (Lounge, off of front entrance), 1205 N. Main St., Hampstead / D3 / **AA**

ZIP 21093 / 7:00 PM: ***PARENT/ADULT CHILD AFG*** (5833) *(literature meeting)* Grace Lutheran Church, 8601 Valleyfield Rd., Lutherville / D6 / **AT** / **AA**

ZIP 21136 / 7:30 PM: ***REISTERSTOWN SUNDAY NIGHT AFG*** (62294) **All** Saints Episcopal Church, 203 Chatsworth Ave. (building to left of circle) / D6 / **AA**

ZIP 21210 / 11:00 AM: ***EVERGREEN DISCUSSION AFG*** (66136) Loyola College, Knott Hall (faces Charles St., at the pedestrian bridge), 4501 Charles St. at Cold Spring Ln, Baltimore / D7 / **AA**

ZIP 21210 / 11:00 AM: ***EVERGREEN STEP AFG*** (66188) **Loyola** College, Knott Hall (faces Charles St., at the pedestrian bridge), 4501 Charles St. at Cold Spring Ln, Baltimore / D7 / **AA**

ZIP 21227 / 8:00 PM: ***ARBUTUS SUNDAY NIGHT AFG*** (30580262) Holy Nativity Lutheran Church, 1200 Linden Ave. at Shelbourne Rd. / D10 / **AA**

ZIP 21286 / 6:30 PM: ***OAKLEIGH SUNDAY NIGHT AFG*** (27312) Babcock Presbyterian Church, 8240 Loch Raven Blvd. (chapel behind church) / D8

MONDAY

ZIP 20759 / 8:00 PM: ***MONDAY NIGHT SERENITY AFG*** (48731) St. Paul's Lutheran Church, 11795 Route 216, Fulton / D10 / **Ø** / **AA**

ZIP 21009 / 7:00 PM: ***EMMORTON AFG*** (5768) St. Mary's Episcopal Church, 1 St. Mary's Church Rd., Abingdon / D5 /**AA**

ZIP 21031 / 12:00 PM: ***MONDAY NOON HUNT VALLEY AFG*** (30575737) The Point, 10950 Gilroy Rd., Conf. rm. Suite C, Cockeysville / D6 / **H**

ZIP 21042 / 8:00 PM: ***MONDAY NIGHT ELLICOTT CITY AFG*** (30567681) St John's Episcopal Church, 9120 Frederick Rd. (follow signs in church) / D10 / **Ø** / **H** / **AA**

ZIP 21078 / 7:00 PM: ***MONDAY HAVRE DE GRACE AFG*** (30692944) Temple Adas Shalom, 8 N. Earlton Rd. Ext., (enter in back under canopy, use buzzer) / D5 / **H**

ZIP 21102 / 8:00 PM: ***BELIEVING IN SERENITY AFG*** (30607837) Immanuel Lutheran Church, 3184 Church St., Manchester / D3 / **H** / **AA**

ZIP 21120 / 7:00 PM: ***HOPE & SERENITY AFG*** (503618) *(Steps and Traditions)* Redeemer Lutheran Church, 20440 Downes Rd., Parkton / D4 / **AA**

ZIP 21157 / 7:30 PM: ***MONDAY NIGHT AFG*** (6060) St. Paul United Church of Christ, 17 Bond St., Westminster / D3 / **Ø** / **H** / **AT**

ZIP 21204 / 10:00 AM: ***TOWSON MONDAY MORNING AFG*** (6047) Ascension Lutheran Church, 7601 York Rd. (park in lot across York Rd. from church) / D8

ZIP 21211 / 7:00 PM: ***ONE DAY AT A TIME AFG*** (30544512) Hampden Family Center, 1104 W. 36th St., Baltimore / D7 / **AA**

ZIP 21212 / 12:30 PM: ***ANYTHING GOES AFG*** (30602727) Grace United Methodist Church, 5407 N. Charles St. (ring bell for "Anything Goes", go downstairs) Baltimore / D7 / **H**

ZIP 21221 / 12:30 PM: ***MIRACLES AND RAINBOWS AFG*** (60374) Holy Trinity Episcopal Church, 1131 Mace Ave., near Rossville Blvd., Essex / D9 / **Ø** / **H**

ZIP 21231 / 7:30 PM: ***BROADWAY MONDAY NIGHT AFG*** (5785) Holy Rosary Parish, (Library Room, basement), 408 S. Chester St. at Bank St. (park across street), Baltimore / D9

ZIP 21286 / 7:30 PM: ***LEARN TO LIVE AFG*** (30795) Holy Cross Lutheran Church, 8516 Loch Raven Blvd., Towson / D8

TUESDAY

ZIP 21030 / 7:00 PM: ***TUESDAY SERENITY AFG*** (30604129) Epworth United Methodist Church, 600 Warren Rd. (building behind church), Cockeysville / D6

ZIP 21040 / 6:30 PM: ***EDGEWOOD AFG*** (30607988) The Epicenter, 1918 Pulaski Hwy., Edgewood / D5 / Children Welcome

ZIP 21042 / 7:30 PM: ***COURAGE TO CHANGE AFG*** (30503137) Bethany United Methodist Church, 2875 Bethany Lane (larger brick church, 2nd floor), Ellicott City / D10

ZIP 21047 / 7:00 PM: ***FROM SURVIVAL TO RECOVERY AL-ANON ADULT CHILDREN AFG*** (30679564) Fallston Presbyterian Church, 600 Fallston Rd., Rt. 152, Fallston ME

ZIP 21158 / 8:00 PM: ***TUESDAY NIGHT STEP MEETING AFG*** (500448) St. Benjamin's Lutheran Church, 700 Krider's Cemetery Rd., Westminster / D3 / **Ø** / **H** / **AA**

ZIP 21208 / 7:30 PM: ***CATHEDRAL AFG*** (5788) Baltimore Hebrew Synagogue, 7401 Park Heights Ave., Baltimore / D7 / **AA**

ZIP 21212 / 10:30 AM: ***GOVANS AFG*** (5805) Govans Boundary United Methodist Church, 5210 York Rd. (enter from parking lot in rear) / D8

ZIP 21215 / 7:00 PM: ***LOIS SAYS WOMEN'S AFG*** (30681693) 6706 Cross Country Blvd (entrance on the side) / D6

ZIP 21227 / 7:00 PM: ***NUWAY*** AFG (5819) Holy Apostles Episcopal Church, 4922 Leeds Avenue (enter through double glass doors), Arbutus / D10 / **H** / **AA**

ZIP 21228 / 9:30 AM: ***CATONSVILLE EARLY BIRD AFG*** (5789) Catonsville Presbyterian Church, 1400 Frederick Rd. / D10 / **Ø**

ZIP 21234 / 8:00 PM: ***WE CARE AFG*** (5839) St. John's Lutheran Church, 8808 Harford Rd. (enter through red doors off parking lot in rear), Parkville / D8

ZIP 21784 / 8:00 PM: ***TUESDAY NIGHT ELDERSBURG AFG*** (63891) Elders Baptist Church, 1216 Liberty Rd., Eldersburg / D3 / **H** / **AA**

WEDNESDAY

ZIP 21014 / 6:30 PM: ***STEP TO RECOVERY AFG*** (66997) Mann House, 14 Williams St., Bel Air / NO PERFUME OR FRAGRANCE / D5

ZIP 21031 / 9:15 AM: ***HUNT VALLEY AFG*** (67141) The Point, 10950 Gilroy Rd., Conf. room Suite C, Cockeysville / D6 / **H**

ZIP 21045 / 8:00 PM: ***OAKLAND MILLS AFG*** (5890) Christ Episcopal Church, 6800 Oakland Mills Rd., at Dobbin Rd. (in chapel) / D10 / **Ø** / **AA**

ZIP 21045 / 12:00 PM: ***SERENITY WEDNESDAY NOON AFG*** (67183) The Serenity Center, 9650 Basket Ring Rd., Columbia / D10 / **AA**

ZIP 21047 / 7:30 PM: ***FALLSTON UNITY AFG*** (5917) Fallston Presbyterian Church, 600 Fallston Rd. Rt. 152, Fallston / D5

ZIP **21085 / 10:00 AM**: ***JOPPA WEDNESDAY MORNING AFG*** (5954) Church of the Resurrection, 700 Anchor Dr., Joppa / D5

ZIP 21085 / 8:00 PM: ***LIVING WITH SOBRIETY AFG*** (5952) Church of the Resurrection, 700 Anchor Dr., Joppa / D5

ZIP 21093 / 7:00 PM: ***NEW VISTA AFG*** (6043) Towson Unitarian Universalist Church, 1710 Dulaney Valley Rd., Lutherville / D8

ZIP 21102 / 8:00 PM: ***MELROSE MEETING AFG*** (30567227) Cornerstone Church, 4219 Hanover Pike, Manchester / D3 / **AA**

ZIP 21117 / 8:00 PM: ***VALLEY AFG*** (5984) St. Thomas Church, 232 St. Thomas Lane, Owings Mills / D6 / **Ø** / **AA**

ZIP 21157 / 12:00 PM: ***WEDNESDAY NOON AFG*** (6062) Westminster United Methodist Church, 162 E. Main St. (enter from Main at street level) / D3

ZIP 21210 / 8:00 PM: ***MIDTOWN AFG*** (64317) St. David's Episcopal Church, 4700 Roland Avenue, Baltimore / D7 / **AA**

ZIP 21221 / 6:30 PM: ***COLORS OF THE RAINBOW AFG*** (502097) Holy Trinity Episcopal Church, 1131 Mace Ave., near Rossville Blvd., Essex / D9 / **H**

ZIP 21227 / 8:00 PM: ***ARBUTUS AFG*** (5782) Holy Nativity Lutheran Church, 1200 Linden Ave. / D10

ZIP 21234 / 7:30 PM: ***PARKVILLE WEDNESDAY NIGHT AFG*** (5824) Hiss United Methodist Church, 8700 Harford Rd. (Enter from parking lot on Hiss Ave.) / D8

ZIP 21776 / 7:30 PM: ***NEW WINDSOR WEDNESDAY NIGHT AFG*** (39326) St. Paul's United Methodist Church, 200 Main St. / D3 / **Ø** / **AA**

ZIP 21901 / 8:00 PM: ***COURAGE TO CHANGE AFG*** (64486) North East Methodist Church, 308 S. Main St., North East / D5 / **AA**

ZIP 21911 / 12:00 PM: ***WEDNESDAY RISING SUN NOON AFG*** (30683130) James United Methodist Church, 213 Walnut St., rear entrance, door #6 / D5 / **H**

THURSDAY

ZIP 21042 / 7:00 PM: ***TRUE PERSPECTIVE AFG*** (30623901) First Lutheran Church, 3604 Chatham Rd., Ellicott City / D10

ZIP 21045 / 6:00 AM: ***UPON AWAKENING AFG*** (30624356) The Serenity Center, 9650 Basket Ring Rd., Columbia / D10

ZIP 21045 / 7:30 PM: ***WATERLOO THURSDAY NIGHT AFG*** (47166) St. John's Lutheran Church, 6004 Waterloo Rd., Columbia / D10

ZIP 21071 / 8:30 AM: ***GLYNDON EARLY MORNING TWELVES AFG*** (501694) *(Steps, Traditions & Concepts)* Glyndon United Methodist Church, 4713 Butler Rd., (enter church through double glass doors, up stairs to right) / D6

ZIP 21074 / 8:00 PM: ***HAMPSTEAD-SNYDERSBURG AFG*** (41258) St. Mark's Church, 1616 Cape Horn Rd. / D3 / **Ø** / **AA**

ZIP 21093 / 7:00 PM: ***DEERECO AFG*** (30623640) Grace Fellowship Church, 9505 Deereco Rd., Timonium / D6

ZIP 21154 / 7:00 PM: ***HOW IT WORKS AFG*** (30601857) Highland Presbyterian Church, 701 Highland Rd., Street / D5

ZIP 21204 / 10:00 AM: ***RODGERS FORGE THURSDAY AFG*** (5828) Ascension Lutheran Church, 7601 York Rd. (parking across York Rd. from church), Towson / D8

ZIP 21210 / 12:15 PM: ***PARTICIPATION IS THE KEY TO HARMONY AFG*** (30625374) Church of the Redeemer, 5603 N Charles St., Baltimore (lunch-friendly meeting) / D7

ZIP 21222 / 7:00 PM: ***KEEP COMING BACK AFG*** (30616158) Dundalk Free Methodist Church, 1517 Vesper Ave. (park in rear, enter left side door), Dundalk / D9

ZIP 21228 / 8:00 AM: ***CATONSVILLE AFG 8:00AM*** (30658725) Charlestown Retirement Living, 715 Maiden Choice Lane, Catonsville / D10

ZIP 21230 / 8:00 PM: ***HOPE IS HERE AFG*** (30507262) Christ Lutheran Church, 701 S. Charles St. (enter at Hughes St.), Baltimore / D9

ZIP 21239 / 7:30 PM: ***NEW LIFE AFG*** (38145) Good Samaritan Hospital, 5601 Loch Raven Blvd., Conf. Room Parker 2 (1st floor off main entrance), Baltimore / D8 / **H**

ZIP 21286 / 7:30 PM: ***BELTWAY BEGINNERS AFG*** (30507202) Towson United Methodist Church, 501 Hampton Lane / D4 / **H**

ZIP 21911 / 7:00 PM ***RISING SUN HOPE AFG*** (30511870) Janes Methodist Church, 213 Walnut St., Rising Sun / D5

FRIDAY

ZIP 21014 / 7:30 PM: ***BEL AIR FRIDAY AFG*** (5845) First Presbyterian Church, 224 N. Main St., Bel Air / D5 /**AA**

ZIP 21015 / 10:00 AM ***GRATITUDE GROUP AFG*** (46107) Christ Our King Presbyterian Church, 10 Lexington Rd., Bel Air / D5

ZIP 21042 / 8:00 PM: ***IT'S UP TO ME AFG*** (32405) Bethany United Methodist Church, 2875 Bethany Lane, Ellicott City / D10 / **AA**

ZIP 21045 / 12:00 PM: ***BLUEPRINT DRAFTSMEN*** (30652600) The Serenity Center, 9650 Basket Ring Road, Columbia / D10 / **H**

ZIP 21093 / 7:30 PM: ***FRIDAY NIGHT AFG*** (30608110) Grace Lutheran Church, 8601 Valleyfield Rd., Lutherville / D6

ZIP 21102 / 8:00 PM: ***CAME TO BELIEVE AFG*** (5968) Immanuel Lutheran Church, 3184 Church St., Manchester D3 / **Ø** / **H** / **AA**

ZIP 21136 / 8:00 PM: ***GLYNDON AFG*** (30648358) St. John's Episcopal Church, 3738 Butler Rd./ D6 / **AA**

ZIP 21201 / 12:00 PM: ***MT. VERNON NOON AFG*** (30518769) *(slogan meeting)* First and Franklin Street Presbyterian Church, Backus House, 210 W. Madison St. / D7

ZIP 21228 / 8:00 PM: ***CATONSVILLE FRIDAY NIGHT AFG*** (5790) Christian Temple Hall, 5820 Edmondson Ave. at Academy Rd. / D10 / **AA**

ZIP 21234 / 7:00 PM: ***FREEDOM IN RECOVERY AFG*** (51581) Linden Heights United Methodist Church, 9914 Harford Rd. (Enter from parking lot, go right, downstairs), Parkville / D8

ZIP 21239 / 10:30 AM: ***LOCH RAVEN FRIDAY MORNING AFG*** (5803) Loch Raven United Methodist Church (enter in rear), 6622 Loch Raven Blvd., Hillendale / D8 / **H**

ZIP 21901 / 8:00 PM: ***NORTH EAST FRIDAY AFG*** (5976) St. Mary Anne's Episcopal Church Parish House, 315 S. Main St., North East / D5

SATURDAY

ZIP 21001 / 7:00 PM: ***SATURDAY NIGHT ABERDEEN AFG*** (30570250) Grace United Methodist Church, 110 West Bel Air Ave., Aberdeen / D5 /**AA** / **HA**

ZIP 21045 / 7:00 PM: ***SATURDAY NIGHT ALIVE AFG*** (503794) The Serenity Center 9650 Basket Ring Rd., Columbia / D10

ZIP 21155 / 7:00 PM: ***KEEP IT SIMPLE AFG*** (30586318) Emory United Methodist Church, 1600 Emory Rd. (Rt. 91). Upperco / D3 / **AA**

ZIP 21157 / 8:00 PM: ***WESTMINSTER SATURDAY NIGHT STEP AFG*** (41903) Westminster United Methodist Church, 162 E. Main St. (enter from Main, street level) / D3 / **Ø**

ZIP 21217 / 10:00 AM: ***BOLTON HILL FAMILY AFG*** (52791) Maryland Institute College of Art, 1301 West Mt. Royal Ave. Baltimore / D7 / **H**

ZIP 21228 / 8:30 PM: ***WEST HILLS AFG*** (5874) Immanuel United Church of Christ, 1905 Edmondson Ave. at Rolling Rd., Catonsville / D10 / **AA**

ZIP 21239 / 5:30 PM: ***PROGRESS NOT PERFECTION AFG*** (30211) Good Samaritan Hospital, 5601 Loch Raven Blvd., Conf. Room Parker 1 (1st floor off main entrance), Baltimore / D8 / **H**

ZIP 21286 / 9:00 AM: ***SATURDAY MORNING ADULT CHILD AFG*** (30524803) *(literature meeting)* Holy Cross Lutheran Church, 8516 Loch Raven Blvd., Towson / D8 / **H**

Central Maryland & Baltimore City Harford and Cecil County

Meeting Directory For Al-Anon and Alateen Groups

Offering Help and Hope for Families and Friends of Alcoholics

UNITY SERVICE RECOVERY

Meeting Information: 410-832-7094

Online at www.alanon-maryland.org

Baltimore Area Al-Anon Information Service
P.O. Box 185, Kingsville, MD 21087-0185

Other Area Meeting Information:

*Area 24 MD/DC website has links to meeting info in most areas of MD.....www.marylanddc-alanon.org

Anne Arundel County..... 410-766-1984
.....or - www.md-al-anon.org

D.C ./ Montgomery / Prince Georges Counties.....
.....202-635-2023 / www.al-anon-alateen-dcmd.org

Frederick / Hagerstown.....240-285-9831

Lower Eastern Shore 410-742-2504
.....or - www.md-al-anon.org

Upper Eastern Shore.....
.....www.easternshoremd-alanon.org

Southern MD.....1-888-425-2666

Telephone & Electronic Meetings .....for information visit Balto. AIS website / www.alanon-maryland.org

Baltimore A.A.- 410-663-1922 / www.baltimoreaa.org

MD/DC Area 24.....www.marylanddc-alanon.org
Al-Anon Family Groups of MD and DC (MD/DC AFG)
3116 Parkway, Cheverly MD 20785

Worldwide Al-Anon/Alateen Meeting Info
1-888-425-2666 / www.al-anon.alateen.org

March 2018

Narcotics Anonymous

What is it?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. They are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. Narcotics Anonymous members suggest that you keep an open mind and give yourself a break. Their program is a set of principles written so simply that you can follow them in your daily lives.

Where is it?

NA meetings are held throughout Baltimore City. Use this website to find a meeting that is convenient for you, https://www.na.org/meetingsearch/ or view the recently added meeting locations below. The website will provide dates and times for meetings at each individual location.

Phone: 1-800-317-3222

The Primary Purpose Group
Wednesdays @ 7:00-8:00 pm
4215 Loch Raven Blvd. Baltimore, MD 21218
(Loch Raven & Sheffield)
All Saints Evangelical Lutheran Church

Striving and Thriving with the steps Group
1010 W Baltimore St 21223
7:30 pm to 9:pm = Steps

STOP THE GAP
Meeting every Sunday@ 2 pm
Open discussion/JFT/Topic/Speaker
Penn-North Center
1610 N. Carey Str
Baltimore, MD 21217

Domestic Abuse

What is it?
Domestic abuse is a pattern of behavior used by one person in a relationship to gain power and control over another, usually an intimate partner. The pattern can include physical, sexual, emotional, and/or economic abuse. Domestic violence is about power and control.

Where is it?
There are various places you can receive help and/or shelter if you are a victim of domestic abuse.

House of Ruth
2201 Argonne Drive
Baltimore, MD 21218
410-889-0840
www.hruth.org

House of Ruth offers a 24-hour hotline (410-889-RUTH); client service coordinators who work with victims in the community providing safety planning, basic needs assistance, and resource referral; emergency shelter with 23 private rooms for women and children in imminent danger; legal clinic services providing advice securing protective/peace orders, divorce, and custody; individual and group counseling for women and children; and psychoeducational programs. Services are provided in both English and Spanish.

Turnaround, Inc.
330 N. Charles Street, 21201
410-837-7000
401 Washington Avenue, 21204
410-377-8111
https://turnaroundinc.org/

Turnaround offers a 24-hour helpline (410-279-0379); trauma therapy for adults, teens, and children who have been victimized by sexual assault and/or domestic violence; victim advocacy; community education and training on topics such as child abuse, sexual assault and harassment, dating violence, domestic abuse, and sex trafficking; a court-ordered abuser intervention program for offenders; temporary emergency shelter with food, transportation, and clothing; transitional housing (6 months – 2 years) and support services for victims and families; legal consultation; and self-defense training for women ages 16+.

Women's Law Center of Maryland, Inc.
Family Law Hotline: 800-845-8550
Legal Forms Helpline: 800-818-9888
Employment Law Helpline: 877-422-9500
http://www.wlcmd.org/

The Women's Law Center of Maryland provides free legal services to help you protect your legal rights. Assistance is provided in the areas of family law, domestic violence and employment law. Our hotlines allow you to talk with an attorney who will give you information to help you understand your legal

problem and tell you about community resources. Through the legal representation projects, you may be able to get a free lawyer to represent you in your case. The educational materials can help you understand the law and your rights.

Mercy Medical Center SAFE (Sexual Assault Forensic Examiner) Program
345 St Paul Pl
Baltimore, MD 21202
410-332-9494
http://www.bmoresafemercy.org/aboutus.html

Mercy Medical Center is a designated treatment center for sexual assault and domestic violence in Baltimore City, with 30 specially trained Forensic Nurse Examiners (FNEs) available 24/7 to care for victims of sexual assault (aged 13 and older), victims of domestic violence, elder/institutional and vulnerable populations abuse, neglect, and maltreatment. The Forensic Nurse Examiner Program works collaboratively with criminal justice agencies and other Baltimore agencies addressing the needs of victims of violence.

The **bMoreSafe** app was developed by the Mercy Medical Center Forensic Nurse Examiner staff to provide quick and easy access ("Help at the Touch of a Button") to those in the community who are in need of forensic nursing services. The app provides information regarding where to go, who to call and what steps can be taken to preserve evidence prior to a medical forensic exam. This is a free app that can be downloaded for free on a cell phone.

National Domestic Violence Hotline
800-799-SAFE (7233)

National Sexual Assault Hotline
800-656-HOPE (4673)

Gay Men's Domestic Violence Project Crisis Hotline
800-832-1901

Literacy

What is it?
Literacy is more than just the ability to read. It refers to understanding, evaluating, and using the words we read in order to learn and interact with others. Many adults in Baltimore and across the country are affected by low literacy levels, and there are numerous programs available to empower individuals who wish to improve their literacy skills.

Where can you get help to improve your literacy?

Strong City Baltimore has an adult learning center and offers instruction in adult basic education, English as a second language (ESL), and workforce training. Instruction is offered free of charge to adults ages 16+. 410-261-3500 / https://www.strongcitybaltimore.org/

The **South Baltimore Learning Center** offers classes in adult basic education, pre-GED and GED, and computer skills. The center also offers career counseling to adults searching for jobs. The adult basic education and pre-GED classes are free. 410-625-4215 / http://southbaltimorelearns.org/

The **Learning is for Tomorrow (LIFT)** program responds to the needs of southeast Baltimore residents who want to improve basic education skills. Specifically, this program offers classes in literacy, adult basic education, GED preparation, and computer lab classes. This program also offers accommodations for adults with learning disabilities and vision or hearing deficits. 410-522-1705 / http://www.liftbaltimore.org/

The **Maryland Literacy Hotline** offers adult literacy and basic education classes, GED exam preparation classes, and English as a second language (ESL) classes. Many classes are free of charge. 410-752-3595 / www.facebook.com/MDLiteracy

Baltimore City Community College offers classes in Adult Basic Education (ABE), Basic Skills (such as reading, writing, and math), and GED Prep. Baltimore City Community College is the largest provider of literacy services in Baltimore City. Courses are offered at low-cost or no-cost. To take an assessment for the GED program, you can visit the downtown Harbor Campus, Liberty Campus, or Reisterstown Plaza Center (call for an appointment). 410-986-3200 / https://www.bccc.edu/Page/43

The **Power House Community Center** has an Adult Resource Center and Workforce Development Program. Contact Power House to see if you are eligible to enroll for the Target Investment Zone Workforce Development Program. This program allows members to participate in life skills workshops, career events, digital literacy training, and finance/budget strategies. 410-685-0295 / https://www.livingclassrooms.org/ourp_workforce_development_center.php

The **Hampden Family Center** offers adult literacy classes in partnership with Strong City Baltimore. These classes include reading, writing, math, and GED preparation. Classes meet Tuesday and Thursday evenings, and sessions last for 10 weeks. 410-467-8710 / http://www.hampdenfamilycenter.org/adults.shtml

Using the Public Library

The Enoch Pratt Free Library has 22 locations in Baltimore City. It is likely that a library branch is located in (or very close to) your neighborhood. The public library offers free services to everyone, including book borrowing, computers, internet access, and copy/printing/fax services.

The Enoch Pratt Free Library also offers school and homework help, a Job and Career Center, Mobile Job Center, and personal assistance from librarians. The Job and Career Center is located at the Central Branch on Cathedral Street. This center provides materials on job hunting, resume writing, interview techniques, career planning, and occupation types. You can also reserve a computer for up to two hours to perform job-related activities, like writing a resume or applying for a job. If the Central Branch is not convenient for you, the Mobile Job Center is available. It looks very similar to the HANDLS MRV! The vehicle has 12 individual computer workstations. Library staff can provide computer assistance, referrals to job and career organizations, and referrals to Adult Basic Education and GED classes. Librarians can also help you sign up for an email address, prepare for job interviews, create a resume, and help you search for a job. The Mobile Job Center stops in the following communities: Westport/Mt.Winans/Lakeland; Brooklyn/Curtis Bay/Hawkins Point; Greater Rosemont/Mondawmin, Allendale/Irvington/S. Hilton; Old Town/Middle East; Greenmount East; Druid Heights/Penn North/Upton; and Park Heights. Check the library's website to see which day of the week the Mobile Job Center will be in your community.

Additionally, the library offers a wide variety of public events and free classes for all. Examples of classes include basic computer skills and pre-GED. Examples of events include trivia, film viewings, meditation, fitness programs, and entertaining programs for children. To use these services, all you need is a library card. Everyone who lives in Maryland is eligible to sign up for a library card at the Enoch Pratt Free Library. You can apply for a library card online through the library's website, or in-person at a library branch. All you need to provide to apply for a library card is your name, address, phone number, and birth date. With a library card, you can borrow materials such as books, CDs, DVDs, audiobooks, maps, and magazines. For more information about library programs and services at your local branch, contact the library by phone or visit the website. 410-396-5430 / http://www.prattlibrary.org/

Food Banks and Soup Kitchens

Beans & Bread
400 S. Bond Street
Baltimore, MD 21231
410-732-1892
http://www.vincentbaltimore.org/get-help

Moveable Feast
901 North Milton Avenue
Baltimore, MD 21205
410-327-3420
www.mfeast.org

Maryland Food Bank, Inc.
2200 Halethorpe Farms Road
Baltimore, MD 21227
410-737-8282
https://mdfoodbank.org/

Our Daily Bread
725 Fallsway, Baltimore, MD 21202
443-986-9000
https://www.catholiccharities-md.org/services/our-daily-bread-hot-meal-program/

Paul's Place
1118 Ward Street
Baltimore MD 21230
410-625-0775
https://paulsplaceoutreach.org/

Franciscan Center Baltimore Food Pantry and Emergency Services
101 West 23rd Street
Baltimore, MD 21218
410-467-5340
http://www.franciscancenterbaltimore.org

Corpus Christi Community Center Soup Kitchen and Food Pantry
703 Whitelock Street
Baltimore, MD 21217
410-523-4161

Beth-El Church of Christ Food Pantry and Soup Kitchen
3910 West Rogers Avenue
Baltimore, MD 21215
410-466-8298

Baltimore Dream Center - Brooklyn Church of God
901 Pontiac Ave
Baltimore, MD 21225
410-355-6707

Financial Assistance and Education

Cash Campaign of Maryland
575 S. Charles Street, Suite 500
Baltimore MD 21201
443-487-5433
http://cashmd.org/

The Cash Campaign of MD offers services such as:

- Free Tax Preparation – You may qualify for FREE tax preparation! Find out if you qualify, make an online appointment or find a location near you!
- Financial Education – CASH offers free financial education classes statewide covering a variety of topics. Register for a class near you by going to the Maryland CASH Academy.
- Financial Coaching – Get one-on-one support to reach your financial goals in-person or online.
- Benefits Screening – Find out what benefits you may qualify for by receiving a free comprehensive screening. Get help completing and navigating the application process from an expert.
- Maryland Money Help Line: Improve your finances by calling the FREE Maryland Money Helpline 877-355-1763. The Helpline offers free, not-for-profit, financial counseling to all Maryland residents, regardless of their income, debt, or financial status.

CASA
2224 E. Fayette St.
Baltimore, MD 21231
Membership: 410-732-7777
Employment: 410-732-2694
https://wearecasa.org/programs/financial-literacy/

CASA provides individual and group-based financial education and assistance that includes:

- Individual financial counseling
- Tax preparation assistance
- Workshops on issues such as obtaining identification documents, opening a bank account, writing a check, using a debit card, debt analysis, financial planning, and obtaining and improving one's credit score.
- Access to micro-loans and fee waiver applications for immigration processes.

Prescription Drug Takeback Program

What is it?
Prescription drug misuse is a serious issue in Baltimore City and across the country. In 2015, 105 people in Baltimore City died of prescription opioid-related overdoses. The same year, 12.5 million people aged 12 or older misused prescription pain relievers nationwide.

Prescription drug takeback programs have been implemented to help people responsibly and anonymously dispose of expired or unused prescriptions (including opioids such as Percocet, OxyContin, or Vicodin). Prescription drug drop boxes are available at all times at Baltimore's nine police district offices in order to prevent heroin overdoses and other accidental drug deaths.

Medications can be dropped off at the following locations year-round, no questions asked:

- Central District, 500 E. Baltimore St., 21202
- Southeastern District, 5710 Eastern Avenue, 21224
- Eastern District, 1620 Edison Highway, 21213
- Northeastern District, 1900 Argonne Drive, 21218
- Northern District, 2201 W. Cold Spring Lane, 21215
- Northwestern District, 5271 Reisterstown Rd., 21215
- Western District, 1034 N. Mount St. 21217
- Southwestern District, 424 Font Hill Ave. 21223
- Southern District, 10 Cherry Hill Rd, 21215
- UM Baltimore Police, 621 W. Lombard St., 21201

Needle Exchange Programs

What is it?

The Baltimore City Needle Exchange Program (NEP) seeks to reduce HIV, hepatitis C, and other infections by reducing the circulation of unclean syringes. The program also helps individuals with substance use disorders overcome addiction by linking them to drug treatment services. The program provides counseling and testing for HIV and syphilis. Opioid overdose response training is also offered at all locations. NEP services are provided in 16 locations during 26 weekly time slots throughout the city of Baltimore.

The mission of Community Risk Reduction Services is to deliver free and confidential quality HIV prevention and harm reduction education and services in communities within Baltimore City, via mobile and other outreach methods, in a non-judgmental manner that reduces the negative consequences of drug use among high-risk individuals and the general public.

Website: https://www.baltimorehealth.org/nep/

Where is it?

Hours of Operation	Location
Monday 9:30 AM - 11:30 AM	Monroe & Ramsey; Park Heights & Spaulding
Monday 12:45 PM - 3:30 PM	Fulton & Baker
Monday 6:00 PM - 8:00 PM	Baltimore & Conkling (Highlandtown)
Monday 8:30 PM - 10:00 PM	Milton & Monument
Tuesday 9:30 AM - 11:30 AM	Montford & Biddle; Pratt & Carey
Tuesday 12:45 PM - 3:30 PM	Freemont & Riggs; Barclay & 23rd
Wednesday 6:00 PM - 8:00 PM	Baltimore & Conkling (Highlandtown)
Wednesday 8:30 PM - 10:00 PM	Freemont & Laurens
Thursday 9:30 AM - 11:30 AM	Pontiac & 9th Ave.; Dennison & Clifton
Thursday 12:45 PM - 3:30 PM	Milton & Monument; Monroe & Ramsey
Thursday 7:00 PM - 10:00 PM	Baltimore & Gay (The Block)
Friday 9:30 AM - 11:30 AM	Park Heights & Spaulding; Greenmount & Preston
Friday 12:45 PM - 3:30 PM	Fulton & Baker
Friday 6:00 PM - 8:00 PM	Montford & Biddle
Friday 8:30 PM - 10:00 PM	Monroe & Ramsey
Saturday 12:00PM - 4:00PM	Fremont & Riggs

Methadone Maintenance Programs

Turning Point clinic
Phone: 410-675-2113
Address: 2401 E North Ave, Baltimore, MD 21213

MedMark Treatment Centers Baltimore Downtown 101
Phone: 410-225-9185
Address: 821 N Eutaw St Suite 101, Baltimore, MD 21201

Concerted Care Group
Phone: (410) 617-0142
Address: 428 E 25th St, Baltimore, MD 21218

Glenwood Life Counseling Center
Phone: (410) 323-9811
Address: 516 Glenwood Ave, Baltimore, MD 21212

Licensed Medical Marijuana Dispensaries

CannaMD LLC (dba ReLeaf Shop) (Baltimore City)
License No.: D-18-00018
1114 Cathedral Street, Suite 5
Baltimore, MD 21201
410-246-4815

Charm City Medicus (Baltimore County)
License No.: D-17-00013
717 North Point Boulevard
Baltimore, MD 21224
443-530-6474

Culta LLC (Baltimore City)
License No.: D-18-00019
215 Key Highway
Baltimore, MD 21230
202-270-5404

Curio Wellness LLC (Baltimore County)
License No.: D-18-00012
2060-A York Road
Timonium, MD 21093
443-484-8600

CWS LLC (dba Your Farmacy) (Baltimore County)
License No.: D-18-00015
1526 York Road
Lutherville, MD 21093
410-970-4666

Hallaway LLC (dba Starbuds) (Baltimore City)
License No.: D-18-0001
5975 Belair Road
Baltimore, MD 21206
443-438-7494

Medical Products & Services LLC (dba Maggie's) (Baltimore City)
License No.: D-17-00020
3317 Keswick Road
Baltimore, MD 21611
443-873-6974

PureLifeMedical INC (dba PureLifeWellness) (Baltimore City)
License No.: D-17-00016
35 East Cross Street

Baltimore, MD 21230
443-708-5683

Temescal Wellness of Maryland LLC (dba Temescal Wellness) (Baltimore County)
License No.: D-17-00014
1636 Reisterstown Road
Pikesville, MD 21208
443-313-8724

Community Acupuncture Clinics

Community acupuncture clinics offer acupuncture in a group setting without requiring health insurance and offers appointments on an affordable sliding scale. Walk-ins are welcome, although you are also able to schedule an appointment in advance.

Govans Community Acupuncture
5209 York Road, Baltimore MD, 21212
410-905-2566
http://www.govansca.com/
Acupuncture: $15-$40 sliding scale, pay what you can

Baltimore Community Acupuncture
715 Frederick Road, Catonsville MD, 21228
443-986-0006
https://acupunctureforall.com/
Acupuncture: $20-40 sliding scale, pay what you can

MEND Acupuncture
2700 Remington Avenue, Baltimore MD, 21211
410-235-1776
http://mendacupuncture.com/remington/
Acupuncture: $25 fee, no sliding scale

The Well: Community Acupuncture and Wellness
42 E. Cross Street, Baltimore MD, 21230
443-600-4329
Acupuncture: $25 fee, no sliding scale